



# UKLC

**University of Portsmouth**

Centre Handbook

2026

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Thank you very much for your interest in the UKLC course at the University of Portsmouth. We hope you find everything you need in the following pages but if you have any questions or specific requests then please get in touch with us at Head Office on 0044 1244 577995.

The contents of this handbook are updated regularly. The latest version will be sent before your arrival.

We look forward to a successful summer 2026 at the University of Portsmouth!

# Summary



**Amazing city centre location**



**Short Transfers**



**University**



**Intensive English**



**Performing Arts**



**Leadership and Life Skills**

# The Centre

Portsmouth university opened in 1908 as a municipal college and library and over the years has developed into a top choice university in the south of England. Over 70 million pounds has been invested into new buildings and facilities in the past 10 years.

There is CCTV covering the site, communal, entrances door and lifts. There are security guards stationed at receptions and do hourly patrols on buildings.

In this centre we accept students from 11 – 17 years of age.



# Location



**University of Portsmouth, Park Building, King Henry I St, Portsmouth**

**University of Portsmouth, Cathrine House, Stanhope Rd, Portsmouth, PO1 1DZ**

Virtual tour available for Catherine House: <https://virtual.port.ac.uk/explore/template-accommodation/catherine-house>

**Telephone Number: +44 (0) 023 9284 8484**

**Population: 208,003 (2021)**

The campus is located in the city centre within walking distance of the beautiful beaches and traditional seaside piers. Portsmouth hosts a wide range of attractions and places to visit and is close to both Brighton and London. The residence is a 5 minute walk away from the classrooms.

It is a short walk to Portsmouth attractions and amenities, including:

- Portsmouth Guildhall (0.1 miles, 2-minute walk)
- Gunwharf Quays shopping centre (0.6 miles, 12-minute walk)

## Airport Transfers:

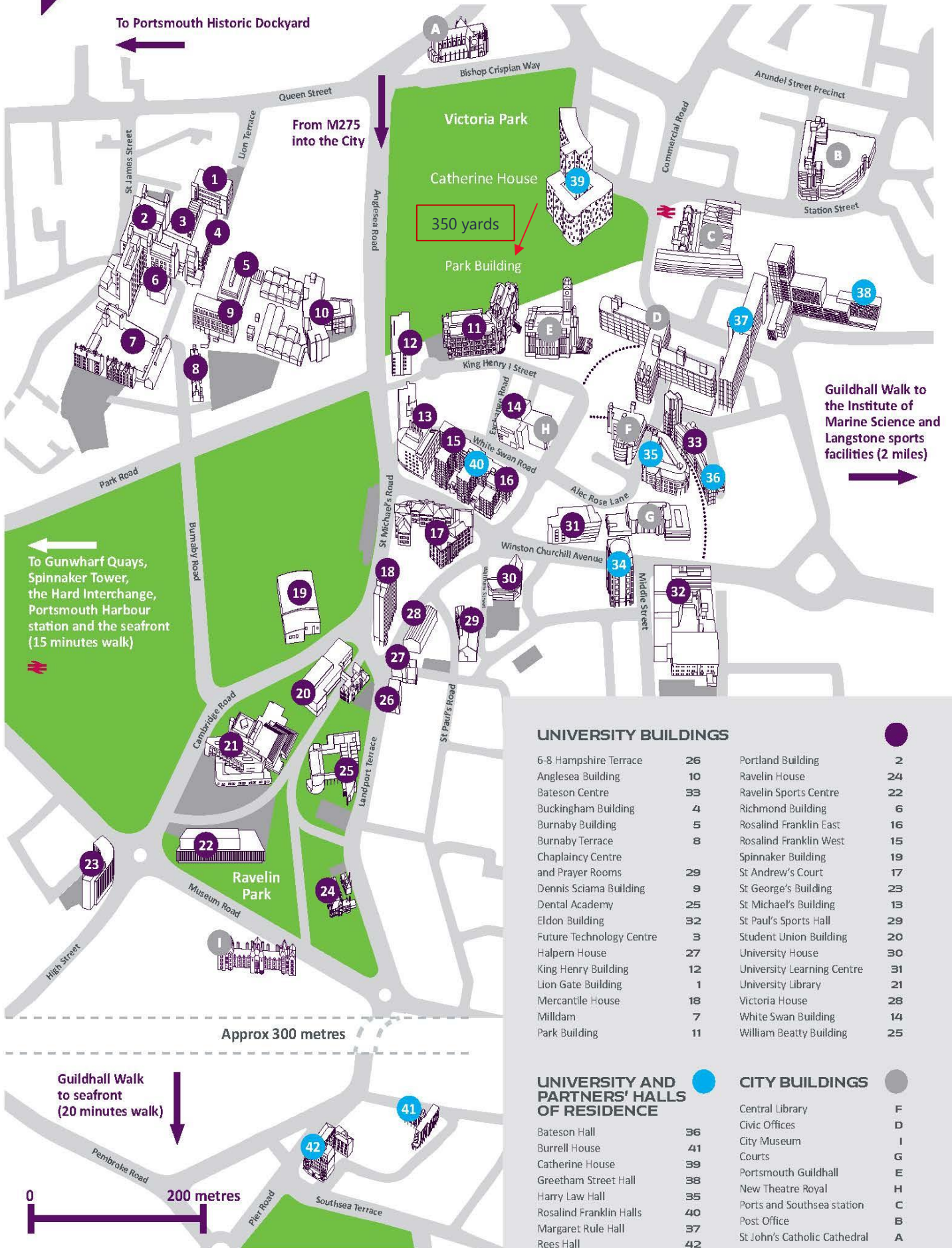
Gatwick Airport: 1 hour 15 minutes

Heathrow Airport: 1 hour 15 minutes

Stansted Airport: 2 hours 15 minutes



# UNIVERSITY OF PORTSMOUTH



## UNIVERSITY BUILDINGS

6-8 Hampshire Terrace	26	Portland Building	2
Anglesea Building	10	Ravelin House	24
Bateson Centre	33	Ravelin Sports Centre	22
Buckingham Building	4	Richmond Building	6
Burnaby Building	5	Rosalind Franklin East	16
Burnaby Terrace	8	Rosalind Franklin West	15
Chaplaincy Centre and Prayer Rooms	29	Spinnaker Building	19
Dennis Sciana Building	9	St Andrew's Court	17
Dental Academy	25	St George's Building	23
Eldon Building	32	St Michael's Building	13
Future Technology Centre	3	St Paul's Sports Hall	29
Halpern House	27	Student Union Building	20
King Henry Building	12	University House	30
Lion Gate Building	1	University Learning Centre	31
Mercantile House	18	University Library	21
Milldam	7	Victoria House	28
Park Building	11	White Swan Building	14
		William Beatty Building	25

## UNIVERSITY AND PARTNERS' HALLS OF RESIDENCE

Bateson Hall	36
Burrell House	41
Catherine House	39
Greatham Street Hall	38
Harry Law Hall	35
Rosalind Franklin Halls	40
Margaret Rule Hall	37
Rees Hall	42
Trafalgar Hall	34

## CITY BUILDINGS

Central Library	F
Civic Offices	D
City Museum	I
Courts	G
Portsmouth Guildhall	E
New Theatre Royal	H
Ports and Southsea station	C
Post Office	B
St John's Catholic Cathedral	A

# Local Amenities

## **Post Office**

Slindon Street Post Office

Address: Slindon St, Portsmouth PO1 1AB (0.5 miles / 10 minutes' walk)

## **ATM**

Sainsbury's Bank ATM

Address: 5-7 Guildhall Walk, Portsmouth PO1 2RY (0.2 miles / 4 minutes' walk)

## **Chemist**

Lalys Pharmacy

Address: 1 Guildhall Walk, Portsmouth PO1 2RY (0.2 miles / 4 minutes' walk)

## **Hospital**

Queen Alexandra Hospital

Address: Cosham, Portsmouth PO6 3LY (5.1 miles / 14 minutes' drive)

## **Doctors**

Uni City Medical Centre

Address: 159 - 161 Commercial Rd, Portsmouth PO1 1EA (0.5 miles / 12 minutes' walk)

Telephone: 02392736006

\*N.B. If a student is ill and requires a doctor, then a Group Leader and a UKLC staff member will take the student to the doctors. The student will be required to fill out a temporary patient form and will be seen on the same day.\*

## **Dentist**

Hampshire Terrace Dental Care

Address: 4 Hampshire Terrace, Southsea, PO1 2QF (0.1 miles / 2 minutes' walk)

Telephone: 02392823779

## **Bus Stop**

The closest bus stop to the university is Cambridge Junction, Portsmouth PO1 2EN. There are frequent buses that run to the train station and neighbouring towns.

## **Train Station**

Portsmouth and Southsea Train Station

Address: Commercial Rd, Portsmouth PO1 1EH (0.3 miles / 7-minute walk)

## **Taxi Companies**

Aqua Cars: 02392654321

Willows Wheels: 07746395443

## **Coffee Shops**

Starbucks Coffee

Seattle-based coffeehouse chain known for its signature roasts, light bites and WiFi availability.

Address: 21 Guildhall Walk, Portsmouth PO1 2RY (0.1 miles / 2 minutes' walk)

### Hideout Coffee Company

Going against the grain since 2017; Hideout is a one-finger salute to the conventional coffee and donut shop. They started out as Southsea's worst-kept secret, dishing out the fine caffeine hits. The upstairs takes inspiration from everything: Skate shops to old-school tattoo parlours and is slammed, back-to-back, with a Scandi vibe - all houseplants and dark wood.

Address: Lord Montgomery Way, Unit 8 Charter PO1 2SB: (0.1 miles / 2 minutes' walk)

### **Restaurants:**

#### The Dockyard

The Dockyard Pub is only a short walk from the Portsmouth Historic Dockyard and Gunwharf Quays. With a relaxed atmosphere and friendly environment, we offer a variety of specially picked craft beer, street style & tasty vegan food.

Address: 13-19 Guildhall Walk, Portsmouth PO1 2RY (0.2 miles / 3 minutes' walk)

#### Carluccio's

Contemporary, white-walled chain Italian cafe-deli, with pastas and handmade focaccia. In 1999 they opened the first Carluccio's Caffè in Market Place – an authentic Italian restaurant in the truest sense of the word, and a continuation of their successful food shop.

Address: Unit R20, Blake House, Portsmouth PO1 3TZ (0.7 miles / 15 minutes' walk)

#### The Jolly Roger

Relax and indulge in the welcoming atmosphere of The Jolly Roger, located in an idyllic spot on the waterfront with breath-taking views of Portsmouth Harbour.

Address: 156 Priory Rd, Gosport PO12 4LQ: (12 miles / 25 minutes' drive)

# Accommodation

The residential block Catherine House is a 5 minute walk (0.2 miles) from the Main Campus. The University has up to 250 beds available which contain flats of 4-6 single en-suite rooms. Each flat has a kitchen on every corridor that can be accessed by students and leaders.

## Room Allocation

We divide the students up according to their age, gender and group where possible. We take into consideration any specific requests, i.e. friends who want to be close to each other. Group Leaders will stay in the same house as their students. Room allocation is normally done on arrival. If you would like any further information on this, please contact [us](#).

## Housekeeping

Towels and bedding are changed once a week. Bedrooms and bathrooms are deep cleaned once a week. Bins are emptied and rooms checked daily; Monday- Friday. Laundry facilities are available at the centre, they are operated through an app and card payment at a cost of approx. £6 for a wash and dry. Washing detergent is available from UKLC.

## Key Loss

If any key or key card is lost during the stay, there will be a £10 replacement fee payable to UKLC.

## Deposits

We will ask each student for a deposit of €25/£25 on arrival. We will check their rooms before they arrive and before they leave and return the money if everything is in order. If there is damage to the houses and nobody admits fault, we will ask everyone in the house to share the cost.



# Meals

When the students are on campus, they will eat their meals in the dining hall on site. When they are out on full day excursions, they will be provided with packed lunches.

## Meal times

Breakfast: 08:00 – 09:00  
 Lunch: 12:30 - 13:30  
 Dinner: 18:30 - 19:30

If we are aware in advance, we can advise the catering staff of any dietary requirements or allergies and the canteen staff can cater to these.

\*Meal times are subject to change .

## University of Portsmouth – Sample Menu

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Breakfast</b>	Continental breakfast including a selection of Cereals, Pastries & Yoghurts  Toast	Continental breakfast including a selection of Cereals, Pastries & Yoghurts  Toast	Continental breakfast including a selection of Cereals, Pastries & Yoghurts  Toast	Continental breakfast including a selection of Cereals, Pastries & Yoghurts  Toast	Continental breakfast including a selection of Cereals, Pastries & Yoghurts  Toast	Cooked English Breakfast  Selection of Cereals	Continental breakfast including a selection of Cereals, Pastries & Yoghurts  Toast
<b>Lunch *(V) Vegetarian option available</b>	Cajun Chicken Wraps <b>or</b> Jumbo Fish Finger <b>or</b> Vegetable Lasagne with Garlic Bread  Selection of Vegetables, Potatoes & Plain Pasta Salad	Scampi <b>or</b> Pepperoni Pizza <b>or</b> Veggie Canneloni  Selection of Vegetables, Potatoes & Plain Pasta Salad	Chicken Nuggets <b>or</b> Pasta with Roasted Vegetables & Spicy Pepperoni <b>or</b> Veggie Burger  Selection of Vegetables, Potatoes & Plain Pasta Salad	Fishcakes <b>or</b> Sausage Rolls <b>or</b> Cheese and Tomato Pizza  Selection of Vegetables, Potatoes & Plain Pasta Salad	Spaghetti Bolognese <b>or</b> Chinese Chicken & Pitta Bread <b>or</b> Roasted Pepper and Tomato Tagliatelle  Selection of Vegetables, Potatoes & Plain Pasta Salad	Chicken Goujons <b>or</b> S/M Joe Burger <b>or</b> Veggie Risotto  Selection of Vegetables, Potatoes & Plain Pasta Salad	Canneloni <b>or</b> Breaded Plaice Goujons <b>or</b> Cheese & Onion Pastie  Selection of Vegetables, Potatoes & Plain Pasta Salad
<b>Pudding</b>	Cold Sweet Fresh Fruit	Cold Sweet Fresh Fruit	Cold Sweet Fresh Fruit	Cold Sweet Fresh Fruit	Cold Sweet Fresh Fruit	Cold Sweet Fresh Fruit	Cold Sweet Fresh Fruit

<b>Dinner *(V) Vegetarian option available</b>	Soup of the Day  Chicken Zigger Burgers Sundried Tomato Mayo <b>or</b> Pork Rib Steaks with B.B.Q Sauce <b>or</b> Vegetable Ravioli  Selection of Vegetables, Potatoes, Plain Pasta, & Rice Salad	Soup of the Day  Minted Lamb Burgers <b>or</b> Chicken Fajitas <b>or</b> Macaroni Cheese  Selection of Vegetables, Potatoes, Plain Pasta, & Rice Salad	Soup of the Day  Battered Fish with Tartare Sauce <b>or</b> Spicy Bean Burger <b>or</b> Meat Balls in Tomato Sauce  Selection of Vegetables, Potatoes, Plain Pasta, & Rice Salad	Soup of the Day  Lemon Pepper Chicken Baguette <b>or</b> Pasta Carbonara <b>or</b> Cauliflower and Broccoli Cheese  Selection of Vegetables, Potatoes, Plain Pasta, & Rice Salad	Soup of the Day  Roast Chicken Portions <b>or</b> Omelettes <b>or</b> Veggie Hot Dog & Onions with Sweetcorn Relish  Selection of Vegetables, Potatoes, Plain Pasta, & Rice Salad	Soup of the Day  Southern Fried Chicken <b>or</b> Pasta with Italian Sauce <b>or</b> Scampi  Selection of Vegetables, Potatoes, Plain Pasta, & Rice Salad	Soup of the Day  Roast Pork <b>or</b> Hot Dog Sausage <b>or</b> Pasta in a Cream and Mushroom Sauce  Selection of Vegetables, Potatoes, Plain Pasta, & Rice Salad
	<b>Pudding</b>	Cold Sweet Fresh Fruit	Cold Sweet Fresh Fruit	Cold Sweet Fresh Fruit	Cold Sweet Fresh Fruit	Cold Sweet Fresh Fruit	Cold Sweet Fresh Fruit

# Technology

Wi-Fi is available campus wide and is password protected. We normally only give this password out to Group Leaders / adults. Being a university, there are limited firewalls and it is at the Group Leader's discretion whether they give these details to their students. There is an IT Suite on campus and you will have access to this on a timetabled basis.

There are no public phones on site. The nearest are in Portsmouth city centre.

# Security

Emergency contacts: Each student will be given a wristband when they arrive, and this will have the following emergency telephone number printed on it: **00 44 1244 567695**. If you need to contact the centre in the event of an emergency please call this number and follow the options for the relevant centre, this will then put you through to the person on duty.

Certain basic guidelines are common to all centres and students. Students should:

- Never walk away alone
  - Never leave the residence without permission in the evening
  - Always make sure they have understood when and where the meeting point is whilst out on excursions
  - Always wear their identification lanyard and their UKLC wristband \*
- \*students found not wearing their lanyard or wristband will be fined £1

# Safety

- Remember that there is a 24-hour emergency telephone number on the wristband (**0044 1244 567695**) and that the number for the emergency services (Ambulance/Police/Fire) in England is **999**, or the single emergency number for the EU including the UK is **112** or you can call **101** to report a crime where you do not need an emergency response
- The police are there to help and protect and can be asked for assistance!
- Never respond to someone if you feel threatened, simply walk away!
- Always give your money to the UKLC management team to put in the safe and never to carry large amounts of cash around!
- Be careful crossing the road. Remember that in the UK we drive on the left!
- If you are ill or need a doctor, tell a member of UKLC staff immediately!
- Keep all windows closed when not in your bedrooms!

## Insurance and valuables

Although all flats in the residential accommodation will be accessed via fobs, it is suggested that students try to avoid bringing very expensive items with them. If they are bringing valuables with them, it is essential that they have sufficient insurance to cover any loss of damage as neither the centre nor the company can be held responsible if anything goes missing. The Centre Manager will have access to a safe if it is required.

# Teaching

We know how important it is for each individual student to find their own path in language learning. We use a wide range of methods to engage and stimulate our students. This is why we have created a curriculum based on the students' age, level and needs, structured into four different programmes:

## **FUN (ages 8-10)**

Engaging lessons that offer a wide range of materials and activities specific for our young learners, making games into lessons and lessons into games. Available in levels A1-B1.

## **CONNECTION (ages 10-13)**

Dynamic lessons covering a variety of topics and media, designed to engage students using tools native to the fast-paced world they are growing up in. Available in levels A1-C1.

## **ACTION (ages 13-16)**

Lessons tailored for learners stepping into their teenage years. This programme focuses on activating students' knowledge and competencies to balance developing a personal voice while contributing effectively to a team. Available in levels A1-C1.

## **PURPOSE (ages 16-18)**

Lessons tailored for our students approaching adulthood, designed to kickstart their lives not only as maturing youths but also as forward-thinking global citizens. Available in levels A1-C2.

The Connection, Action, and Purpose programmes consist of three different lessons a day:

### **FOCUS ON LANGUAGE**

These lessons aim to empower our students' linguistic awareness and capabilities by working on all language skills (reading, writing, listening, speaking) and systems (grammar, phonology, lexis, discourse), as well as using materials relevant to exam preparation (KET, PET, FCE, CAE, TOEFL, IELTS, GESE).

### **FOCUS ON LEADERSHIP**

This programme is designed to equip students with essential 21st-century skills, focusing on leadership development, communication and teamwork. Students build the confidence and competencies needed to grow into empowered young adults.

### **FOCUS ON CULTURE**

These lessons combine CLIL and British culture, allowing students to use English to explore a range of disciplines, including art, literature, natural sciences, as well as the history and geography of the UK.

## Placement tests

We offer classes at four levels, from elementary to advanced. Students take a placement test on their first day of classes to ensure they are placed at the correct level.

Once the tests have been marked, students won't be told their score unless they specifically ask for it but will be placed into a class based on these results.

If students are not happy with their level, they can speak with the Course Director who will decide if it is necessary for the student to change levels.

We always try to split groups into different classes to mix nationalities, but this does depend on their levels and the numbers of students that we have on site.

We will provide all course materials including a journal and a pen.

Students are taught in class sizes up to 16.

## Programme

All UKLC summer programmes include:

- 15 hours of English lessons
- Full board accommodation in residence
- Full programme of excursions, activities and evening entertainment
- 1 free leader for 15 students
- Placement test on arrival and End of Course Certificate

These are summaries of UKLC English Plus programmes\*\* for Summer 2026 at Clifton College, Bristol:

### **English Plus Multi-Activity**

The "typical" summer programme consisting of a wide variety of activities and sports. Sessions are structured and are coached by specialist staff. Sessions can include tennis, basketball, volleyball, swimming, photography workshops, dance, football, and drama etc. Students are moved through two or three activities on rotation in each session.

### **English Plus Performing Arts\***

During these sessions, students passionate about dancing, acting, or singing will immerse themselves in hands-on training designed to unleash their creative potential on any kind of stage. They will not only develop their talents but also experience the thrill of live performance, collaboration, and artistic expression.

### **English Plus Intensive English & Community Building\***

Additional English lessons for those who really want to maximise their language learning during their stay in the UK. Based on UKLC's integral community-building approach, these additional lessons aim to help students develop an active role in the school as a thriving community, with its challenges, complexities and opportunity for collective growth. The Community Building lessons focus on how to empower students to work together to find

possible solutions to these needs and issues by communicating with people on campus. Students create these projects that they are responsible for in order to improve these issues on campus.

\*Students aged between 11 and 17 who are enrolled on Multi-Activity or English Plus courses will be divided by age for activities where numbers allow. Students can choose whether to enrol on the Multi-Activity or an English Plus course. All students aged between 8 and 10 will be automatically enrolled on the multi activity programme.

\*\*These programmes vary at each centre. A minimum of 10 students applies to each programme and each student will be asked to select a 1<sup>st</sup> and 2<sup>nd</sup> option before arrival which they will join for the duration for their stay. Students who do not choose in advance will join the standard English Plus Multi-Activity.

## A typical day for students

08:00 – 09:00	<b>Breakfast</b>
09:00 – 10:00	<b>Lesson 1</b>
10:00 – 10:15	<b>Break</b>
10:15 – 11:15	<b>Lesson 2</b>
11:15 – 11:30	<b>Break</b>
11:30 – 12:30	<b>Lesson 3</b>
12:30 – 13:30	<b>Lunch</b>
14:00 – 17:30	<b>Afternoon Activities</b>
18:30 – 19:30	<b>Dinner</b>
20:00 – 22:00	<b>Evening Activities</b>
22:00	<b>Bedtime</b>



# University of Portsmouth Sample Programme - Summer 2026

	<b>Morning</b>	<b>Afternoon</b>	<b>Evening</b>	
<b>Week 1</b>	<b>Tuesday</b>	English Test	Multi-Activity or Chosen Programme	Murder Mystery
	<b>Wednesday</b>	Lessons	<b>Walking tour of Portsmouth</b>	Casino Night or Conversation Club
	<b>Thursday</b>	<b>Oxford with Oxford University Alumni Walking Tour</b>		Trashion Show
	<b>Friday</b>	Lessons	Vlogging or Chosen Programme	Disco
	<b>Saturday</b>	Lessons	<b>Gunwharf Quays &amp; Spinnaker Tower</b>	Red vs Blue
	<b>Sunday</b>	<b>London with Walking Tour – Buckingham Palace, Downing Street, Houses of Parliament and Oxford Street</b>		Attractions
	<b>Monday</b>	Lessons	Multi-Activity or Chosen Programme	Film Night
<b>Week 2</b>	<b>Tuesday</b>	Free Time, Activities or Optional Excursion	Lessons	Karaoke or Conversation Club
	<b>Wednesday</b>	Multi-Activity or Chosen Programme	Lessons	Paparazzi
	<b>Thursday</b>	<b>Arundel with Arundel Castle</b>	Lessons	Mini Olympics
	<b>Friday</b>	Vlogging or Chosen Programme	Lessons	Oscars
	<b>Saturday</b>	Multi-Activity or Chosen Programme	Lessons	Talent Show
	<b>Sunday</b>	<b>Brighton and Royal Pavilion</b>		Leaving Disco
	<b>Monday</b>	Departures		

Please note: This is a sample programme and may be subject to change. It may also be necessary to operate a zig zag programme of morning / afternoon lessons.

# Facilities

Drama lessons will be held in the theatre and dance lessons in the dance studio.

## Evening entertainment

The UK Language Courses staff plan fantastic activities to make sure the students enjoy their evenings. For example: discos, quizzes, fashion shows, blind date, sports tournaments etc. We ask Group Leaders to encourage students to participate as much as possible and to communicate any special ideas or requests from students.

Here are a few brief descriptions of just some of our activities for students to join in on:

### **Around the World**

Consists of a number of different stations based on activities from different countries. One staff member will be placed at each activity station. They will each represent a country and have to create an activity related to that country (for example: New Zealand – The Haka). Students will be divided into groups and given a time for each station. Students will visit each station.

### **Oscars Night**

Involves students watching a number of scenes from selected films. They will have the chance to re-enact a famous selected scene. Creating their own script, which must be in English and costumes (out of various given equipment). Scenes will be shown on a big screen for everyone to watch. Awards will be given by UKLC staff for the best reproduction.

### **Speed Dating**

Enables students from mixed nationalities to socialise and get to know each other whilst improving their spoken English. Students will have a short period of time to have a conversation on their interests, hobbies etc. Once the given time finishes they will move to another student and begin the same process again.

### **Talent Show**

Gives students the opportunity to perform talents such as singing, dancing and acting in front of the whole centre! Sign-up sheets will be available in the centre a few days before the event. There will be judges who will score the performances and give positive feedback to each student who performs on the evening.

*We look forward to welcoming you to University of Portsmouth in summer 2026!*

