

Educate · Inspire · Enrich

2025

Year Round Courses for Young Learners aged 8-17

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Watching our students make friends with people from all over the world whilst building connections and developing understanding is the most rewarding part of what we do. In a world that can feel divided, using a common language builds bridges between us all. By being open to new learning experiences, it widens our students' perspective on the world. Language and learning are tools for life!

Céline Aloé, CEO and founder of UKLC





Why UKLC?

- ★ Over 20 years of experience in the ELT market
- ★ Well-known junior course provider
- Independent, ownerled company built on long running and trusted relationships
- * Experienced in creating and delivering specialist, short-term junior programmes
- Knowledgeable and dedicated head office team with valuable on-site experience
- ★ We work exclusively with Educational Tour Operators







Céline started MJA Language with 4 centres in the north of England
Became British Council Accredited
We became UK Language Courses (UKLC)
Joined English UK
Joined ALTO (Association of Language Travel Organisations) The first ministay programmes
started in Chester
First summer school in London at King's College
Finalists in the Study Travel Star Awards "ST Junior Course for under 18s"
During the pandemic we delivered free teacher training courses online and ran boarding camps for boarding school students in the UK. The team cycled 500 miles across the country for the Eddie Buyers Fund and raised £3488 for which we won the Lead 5050 Charitable Endeavor Award
Finalists in the Study Travel Star Awards "ST Junior Course for under 18s"
Joined Quality English
Opened our first centre specially designed for individuals and small groups
We acquired the homestay and immersive language company, Linguastay
Grew the UKLC group further by forming a strategic allience with the Irish language school ATC
 5 new centres added to our collection: * Hatfield, Queenswood School * Manchester, Chetham's School * Portsmouth, University of Portsmouth * Winchester, St Swithun's School * Crewe, Cheshire Campus

UKLC

UKLC provides residential and homestay English language and activity programmes for students aged 8-17 years. Our aims are simple; to Educate, Inspire and Enrich future generations.

Educate

Our objective is to enable students of all abilities to improve their English in a safe, relaxed and comfortable environment. English lessons are carefully constructed and developed by our academic team.

Inspire

Our friendly and enthusiastic team work hard to ensure that students, group leaders and partners have an unforgettable experience with us. Our directors, management, coordinators, teachers, sports and activity instructors and excursion and activity leaders all aspire to deliver excellence to inspire our students to learn and succeed.

Enrich

Our centres are located in vibrant cities and charming towns that students explore and enjoy during their stay. Students learn about British culture and develop their language skills and increase their confidence as part of the immersive experience.



Year Round Programmes

At UKLC, we offer customised English language programmes for groups throughout the year. Our courses combine English lessons with activities and excursions, providing a complete learning experience. We have a choice of different programmes available and our experienced and helpful team are on hand to create the perfect programme for your students. We offer both full-board residential accommodation and homestay options across our year-round centres, ensuring we have something for every group.

Edinburgh Newbattle Abbey College

Chester University of Chester

Crewe Cheshire Campus

Portsmouth University of Portsmouth

Reading Queen Anne's School

Winchester St Swithun's School

Highlights

- Tailor-made programmes to meet the requirements of each group
- Homestay and residential accommodation available (centre dependant)
- All centres within 2 hours of a major international airport
- A choice of programmes are available across the centres, including Ministay programmes, Winter programmes, School Integration, PCTO Programmes, English for Specific Purposes Programmes



+ Liverpool

🔶 Manchester

🔶 East Midlands

🔶 Birmingham

H Bristol

+ Luton

Stansted

+ Heathrow

- London City

- Gatwick

- Edinburgh

🔶 Cardiff

Locations

Crewe

Herein Edinburgh

Chester

Winchester

Portsmouth

Individual location maps available on page 36-38 Date and availability dependant

Ministay

We run ministay programmes from August - May at all of our year-round centres. We offer English lessons with a flexible choice of excursions so groups can get the most of their short stay with UKLC.

Available at:

Chester, University of Chester Crewe, Cheshire Campus Edinburgh, Newbattle Abbey College Portsmouth, University of Portsmouth Reading, Queen Anne's School (Easter only) Winchester, St Swithun's School (Easter and August only)

Duration: 6 or 7 nights

Chester Homestay Ministay (6 night) Sample Programme

	Morning	Afternoon	Evening
Sun			
Mon	English Testing	Chester with City Walls Tour	
Tue	Lessons	Paparazzi Challenge	
Wed	Liverpool with The World	Dinner and Evening in Homestay with Hosts	
Thur	Lessons Lessons		
Fri	Lessons	Chester Cathedral	
Sat		Departures	

Crewe Residential Ministay (7 night) Sample Programme

	8.00-9.00	9.00-12.30	12.30-13.30	14.00-17.30	18.30- 19.30	19.30- 22.00	22.00
Sun			Arrivals				
Mon		English Testing	Lunch	Sports on campus		t₹	
Tue		Manchester w	vith Museum of Scien	ce and Industry	Dinner	ctivi	e
Wed	kfas.	Lessons Lunch Lessons				A Br	Bedtime
Thur	Breakfast		Visit our		Evening Activity	ä	
Fri		Lessons	Lunch	Lessons			
Sat		Optional	Excursion or Vloggir	g Activities			
Sun				Departures			

These programmes are a sample only. Our dedicated Out of Summer Team will work with you to put together the right programme for you within your budget. Please contact marketing@uklc.org and they will be very happy to help.

School Integration

Students get to experience a British high school first-hand. They attend a local school everyday, accompanied with a 'buddy', a local student who will show them around the school and spend the day with them.

Chester Homestay School Integration (6 night) Sample programme

	AM	
Sun		Ar
Mon		
Tue		
Wed	Full Day Integration in Local School	
Thur	(approx 9am - 3pm)	
Fri		
Sat		Dep

These programmes are a sample only. Our dedicated Out of Summer Team will work with you to put together the right programme for you within your budget. Please contact marketing@uklc.org and they will be very happy to help



Available at: Chester

Duration: 1, 2 or 3 week programmes available

Note: Groups can choose to do an integration only programme or compliment it with English Lessons and/ or excursions and activities.

PM

rrivals

Chester with City Walls Tour

Local Community Survey

Paparazzi Challenge

Town Trail or Storyhouse Scavenger Hunt

Chester Cathedral

partures

Winter Programmes

If you're looking for a longer stay in the UK then we offer 2,3 or 4 week programmes in 2 of our centres around the UK. Students get to know the centre and destination well and experience a variety of excursions and activities.

Available at:

Chester, University of Chester Crewe, Cheshire Campus

Duration: 2,3 or 4 week programmes available



Winter Sample Programme (3 week)

	Ν	londay	Tue	esday	We	dnesday	Thu	ırsday		Friday	Saturd
	AM	PM	AM	PM	AM	PM	AM	PM	AM	PM	AM
Week1	English Test	Chester Walking Tour with City Walls	English Lessons	Sports on Campus	English Lessons	Manchester with The Etihad Stadium Tour	English Lessons	Activties on Campus	English Lessons	Liverpool with Albert Docks & The Tate Art Gallery	London Walkin Buckingham Palace, E Parliament & O
Week 2	English Lessons	Manchester with The Museum of Science & Industry	English Lessons	Vlogging Workshop	English Lessons	Cheshire Oaks Designer Outlet	English Lessons	Vlogging Workshop	English Lessons	Birmingham Museum & Art Gallery	York Walking Tour wi
Week 3	English Lessons	Chester Zoo	English Lessons	Vlogging Workshop	English Lessons	Liverpool with The Anfield Stadium Tour	English Lessons	Vlogging Workshop	English Lessons	Chester Town Centre & Shopping	London with The Natur & Hyde I

Winter Sample Programme + London/Paris Tour

Monday	т	uesday	We	dnesday	TI	hursday		Friday	Saturda
AM PM	AM	PM	AM	PM	AM	PM	AM	PM	AM
nglish Chester with Walking Tour and Test Cathedral	English Lessons	Activities on campus	English Lessons	Manchester with The Etihad Stadium Tour	English Lessons	Vlogging Workshop 'Our time in the UK'	English Lessons	Cheshire Oaks Designer Outlet Village	Liverpool with A and Museum of
nglish Chester with River essons Dee Boat Cruise	English Lessons	Activities on campus	English Lessons	Jodrell Bank Observatory	English Lessons	Vlogging Workshop 'Our time in the UK'	English Lessons	Manchester with Museum of Science and Industry	York Walking Tour wit
don Tour with London Eye, River British Museum, Oxford Street and West End Show	Trafalgar Square	e, Tower of London or			Eiffel Tower, Seir	ne River Cruise, Louvre	Disne	eyland Paris	Depart transfer to
esso	Tour with London Eye, River ish Museum, Oxford Street and	ons Dee Boat Cruise Lessons Tour with London Eye, River Buckingham P ish Museum, Oxford Street and Trafalgar Square	Tour with London Eye, River ish Museum, Oxford Street and Trafalgar Square, Tower of London or	Tour with London Eye, River ish Museum, Oxford Street and Trafalgar Square, Tower of London or with Champa	Tour with London Eye, River ish Museum, Oxford Street and Trafalgar Square, Tower of London or with Champe Elycees by night	ons Dee Boat Cruise Lessons Activities on campus Lessons Observatory Lessons Tour with London Eye, River Buckingham Palace, Westminster, ish Museum, Oxford Street and Trafalgar Square, Tower of London or with Champe Elycees by night Eiffel Tower, Seir	Dee Boat Cruise Lessons Activities on campus Lessons Observatory Lessons 'Our time in the UK' Tour with London Eye, River Buckingham Palace, Westminster, Trafalgar Square, Tower of London or Eurostar London to Paris with Champs Elycees by night Eiffel Tower, Seine River Cruise, Louvre	Tour with London Eye, River Buckingham Palace, Westminster, Trafalgar Square, Tower of London or Buckingham Palace, Westminster, Buckingham Palace, Westminster, Trafalgar Square, Tower of London or Buckingham Palace, Westminster, Trafalgar Square, Tower of London or Buckingham Palace, Westminster, Buckingham Palace, Buckingham Palace, Westminster, Buckingham Palace, Buckingham Pala	sh Chester with River English Activities on campus English Jodrell Bank English Vlogging Workshop English Museum of Science and Industry Lessons 'Our time in the UK' Lessons Museum of Science and Industry Tour with London Eye, River Buckingham Palace, Westminster, ish Museum, Oxford Street and Trafalgar Square, Tower of London or with Champs Elysoes by night Eiffel Tower, Seine River Cruise, Louvre Disneyland Paris

These programmes are a sample only. Our dedicated Out of Summer Team will work with you to put together the right programme for you within your budget. Please contact marketing@uklc.org and they will be very happy to help.

urday	Sunday
РМ	AM PM
king Tour with e, Big Ben, Houses of Coxford Street	Free Time, Activities or Optional Excursion
with The Shambles	Free Time, Activities or Optional Excursi
tural History Museum de Park	Depart
urday	Sunday
urday PM	Sunday AM PM
PM PM th Albert Dock n of Liverpool	
PM th Albert Dock	AM PM Free Time, Activities or Optional

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PCTO

This programme is designed to fulfil the Italian government's PCTO funding requirements. Students focus on preparing for the world of work whilst developing their English skills. They look at 21st century skills including programme problem solving, communication and collaboration skills.

Available at:

Chester, University of Chester Crewe, Cheshire Campus Edinburgh, Newbattle Abbey College Portsmouth, University of Portsmouth

Duration: 1-2 weeks

Chester Homestay PCTO (7 night) Sample programme

	AM	PM
Sun	Arrivals	
Mon	Language Learning	Chester with Walking Tour/City Walls
Tue	CV and Cover Letter	Job Interview Success
Wed	Chester with Cath	nedral and River Cruise
Thur	Market Research and Product Development	Paparazzi Challenge: Local Business Focus
Fri	Presentation Skills	UKLC's Dragon Den
Sat	Liverpool with the Wor	ld Museum and Albert Dock

Crewe Residential PCTO (7 night) Sample programme

	AM	РМ
Sun	Arr	ivals
Mon	Language Learning	CV and Cover Letter
Tue	Job Interview Success	Paparazzi Challenge
Wed	Market Research and Product Development	Vlogging: Social Media in the World of Work
Thur	Chester with Cathedral Vi	sit or (optional) Roman Tour
Fri	Presentation Skills	UKLC's Dragon Den
Sat	Manchester with Museu	n of Science and Industry

These programmes are a sample only. Our dedicated Out of Summer Team will work with you to put together the right programme for you within your budget. Please contact marketing@uklc.org and they will be very happy to help.

English for Specific Purposes

This programme allows groups to choose their academic focus and is available at any of our centres. Groups can choose from a variety of topics, all delivered in English so students develop their English language skills and confidence in using English. We also offer exam preparation courses to complement our English courses.

Chester Homestay English Plus STEM (6 night) Sample Programme

	AM		
Sun	Arrivals		
Mon	English with STEM Lesson (Science - How Things Move - Forces and Motion)		
Tue	Manchester with Muse		
Wed	English with STEM Lesson (Technology - Coding Basics)		
Thur	Centre for Alternative Teo		
Fri	English with STEM Lesson (Mathematics - Shapes and Patterns Around Us)		
Sat	Departures		

These programmes are a sample only. Our dedicated Out of Summer Team will work with you to put together the right programme for you within your budget. Please contact marketing@uklc.org and they will be very happy to help.



Available at:

Chester, University of Chester Crewe, Cheshire Campus Edinburgh, Newbattle Abbey College London, Queen Mary University Portsmouth, University of Portsmouth Reading, Queen Anne's School (Easter only) Winchester, St Swithun's School (Easter only)

Duration: Any

Suggested Course Options

English plus AI English plus STEM English plus Sports English plus Football **English for Academic Purposes English and Cambridge Preparation English and IELTS Preparation**

PM

STEM Challenge - Protect the Egg (Egg Drop Experiment)

eum of Science and Industry

English with STEM Lesson (Engineering - Building Strong Structures)

chnology (CAT) in North Wales

English with STEM Lesson (Environmental Science -Renewable vs Non-Renewable Energy)

Year Round Centres

We have several centres for you to choose from. We have a variety of centres including homestay and residential accommodation. All centres are within 2 hours of an international airport.

> Talways recommend UKLC and their ministay programmes, I have sent groups to their centres every year for a very long time. The team is professional and caring which makes them a trusted partner for me.

Alicia, Educational Tour Operator, Spain 2024





- * Lessons take place in central Chester
- * Excursions to Liverpool, Manchester, and Wales

Chester Homestay

The Centre

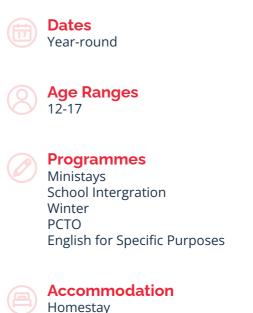
Students stay with local hosts provided by our sister homestay company. Homestay gives students the experience of living in a British home and being fully immersed in English. Students get to know their hosts during their stay and learn about a new culture.

The Location

The city was founded as a Roman fort 2000 years ago with the name Deva Vitrix and is now a must-see European destination. The vibrant city centre boasts a mix of cafés and shops next to ancient Roman walls, rows, an amphitheatre, historic architecture and archaeological features. With Grosvenor Park, the River Dee and The Shropshire Union Canal there are plenty of outdoor spaces to enjoy too.



Programme info





Transfers

Manchester - 45 minutes Liverpool - 1 hour Birmingham - 1 hour 30 mins

Excursion Suggestions Chester with City Walls Tour

Chester with City Walls Tour Liverpool with The World Museum and Albert Docks Chester Cathedral



Crewe Cheshire Campus

The Centre

Apollo Buckingham opened as a school of medicine in 1916 and was the first school campus in the UK to specialise in healthcare. The closed campus is a short walk to the town centre and offers modern classrooms and sports facilities.

The Location

Perfectly situated within the Northwest of England, Crewe is close to the 3 largest and most visited cities of Chester, Manchester and Liverpool which students can explore as part of their programme.



classrooms

Programme info





Facilities

Sports hall Evening space Sports facilities

Transfers

Manchester – 45 mins Liverpool - 1 hour 10 mins Heathrow - 3 hours 20 mins

Excursion Suggestions

Manchester with Museum of Science and Industry Chester with Cathedral Visit Roman Tour Liverpool with World Museum and Albert Dock York with Walking Tour and Shambles

Additional Options

London day trip



Edinburgh Newbattle Abbey College

The Centre

Î

The beautiful residential campus of Newbattle Abbey College is situated only 8 miles from the city centre. The main building was constructed in the 16th century and is set in 125 acres of parkland and woodland.

The Location

As the capital city of Scotland, Edinburgh is recognised worldwide as a place of great history, architecture and culture. There is plenty for students to explore including the castle, the cathedral, museums and galleries. Walk up to Arthur's Seat for some great views of the city and walk along the Royal Mile in the old town and enjoy the architecture, cafés and shops.



★ Year-round residence

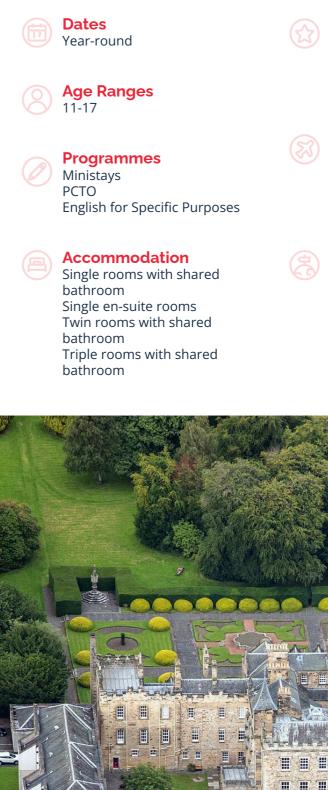
★ Quiet rural location

★ Close to the historical

city of Edinburgh

ideal for junior students

Programme info



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Facilities

Common room Crypt Social spaces Gardens and woodland

Transfers

-

Edinburgh – 25 mins Glasgow – 1 hour 10 mins Newcastle – 2 hours 10 mins Manchester – 4 hours

Excursion Suggestions

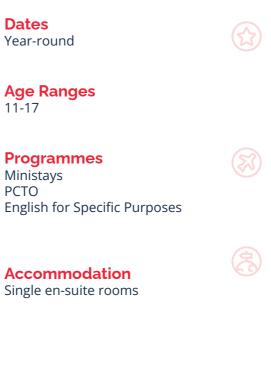
Edinburgh Zoo Edinburgh Castle National Museum of Scotland Scottish National Gallery St Giles Cathedral





Portsmouth

Programme info





The Centre

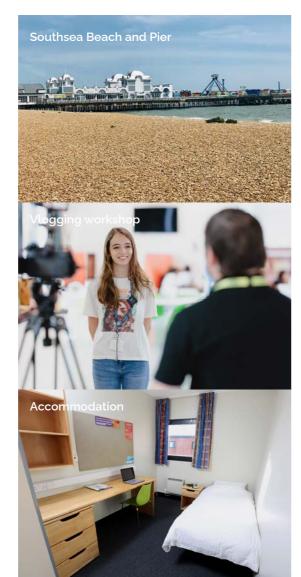
Portsmouth university opened in 1908 as a municipal college and library and over the years has developed into a top choice university in the south of England. Over 70 million pounds has been invested into new buildings and facilities in the past 10 years.

The Location

The campus is located in the city centre within walking distance of the beautiful beaches and traditional seaside piers. Portsmouth hosts a wide range of attractions and places to visit and is close to both Brighton and London. The residence is a 5 minute walk away from the classrooms.

★ City centre location

- ★ Varied programme including beach and coastal attraction and city visits
- ★ Single en-suite rooms





Facilities

Evening event spaces Sports centre Swimming pool Indoor tennis courts

Transfers

Gatwick - 1 hour 15 mins Heathrow - 1 hour 15 mins Stansted - 2 hour 15 mins

Excursions Suggestions

Walking tour of Portsmouth Oxford with Pitt Rivers Museum Gunwharf Quays & Spinnaker Tower London Walking Tour and Oxford Street Arundel with Arundel Castle Brighton and entry to the Royal Pavilion



ading

- ★ Classic boarding school with easy access to London
- ★ Excellent sports and performing arts facilities
- ***** Two full day excursions to London and one to Oxford



Reading is a large town in the Royal County of Berkshire. It has been important since medieval times, and the ruins of Reading Abbey, a monastery with strong royal connections, can still be visited. The town itself straddles the River Thames and benefits greatly from tourism due to its close proximity to the capital city.

Reading

The Centre

of Reading.

The Location



Programme info

Dates

Easter

	8	Age Ranges 8-17	Dar Indo Indo
		Programmes Ministays PCTO	Ten Net Tra
	8	Accommodation	Gat Hea Stai
		Twin rooms with shared bathrooms Multi-bedded rooms (3-5) with shared bathrooms	Exc Cav Oxf Rea Oxf Lon
ないない			
	-		

Facilities

Outdoor sports fields Drama studio nce studios loor swimming pool loor sports hall nnis courts tball courts

ansfers

twick - 1 hour 20 mins athrow - 40 mins nsted - 1 hour 35 mins

cursions

versham Walking Tour ford with Natural History Museum ading with Reading Museum ford with Pitt Rivers Museum ndon by train





The Centre

NEW

St Swithun's school was started in 1883 by the Dean of Winchester's daughter to provide a 'sound and thorough' education to students. Nowadays the campus offers excellent facilities in a beautiful, green location.

The Location

The school is within walking distance of the city of Winchester and has stunning views of the Hampshire Downs. Winchester has lots of things for students to see and do and is conveniently located close to both London and Bath. * Traditional Boarding School

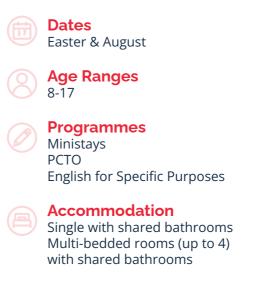
***** Spacious Grounds

Winchester Cathedra

Boarding House

★ Two full day excursions to London

Programme info





Facilities

Outdoor sports fields Theatre Indoor swimming pool Indoor sports hall Tennis court

Transfers

Gatwick - 1 hour 20 mins Heathrow - 40 mins Stansted - 1 hour 35 mins

Excursions

Winchester Orientation Tour and City Museum Oxford Walking Tour



More information

The activities here are so much fun. We have visited two museums, been on a boat ride and we went to a football stadium. I like visiting the city and walking around with my friends. I love playing sports at the school and going to the disco.

> Carlos from Spain, University of Chester, 2024



English Lessons (



We know how important it is for each individual student to find their own path in language learning. We use a wide range of methods to engage and stimulate our students. This is why we have created a curriculum based on the students' age, level and needs, structured into three different programmes:

Year-round Programmes

We can offer alternative, bespoke English language lessons for our ministay groups. We can deliver a range of English for Specific Purposes courses on request so please contact the team to discuss your group's requirements.

Fun (ages 8-11)

Engaging lessons that offer a wide range of material and activities specific for our young learners. It makes games into lessons and lessons into games. world our younger students

Connection (ages 11-14)

Dynamic lessons that include a variety of topics and media, especially designed to reflect the quick-paced interactive are growing up in. Available in levels A1-C1.

Action (ages 14-17)

Lessons specifically designed to engage our older students through more suitable tasks, topics and contemporary issues. Available in levels A1-C1.

The Connection and Action programmes consist of three different lessons a day:

TBL (Task-Based

Learning)

During these lessons students are encouraged to complete a task. New language is acquired and skills developed through the task as the students speak and work together.

These lessons aim to empower our students' linguistic awareness and capabilities by working on all language skills (reading, writing, listening, speaking) and systems (grammar, phonology, lexis, discourse), as well as using materials relevant to exam preparation (KET, PET, FCE, CAE, TOEFL, IELTS, GESE).

Placement Tests

We offer classes at all levels from Elementary to Advanced. Students take a placement on arrival to ensure they are placed at the correct level.* We also offer a specific test for students with special needs.

Examinations

We offer the option of taking the Trinity College London Graded Examination in Spoken English (GESE) on site for courses of 10 days or longer.**

S&S (Skills and Systems)

CLIL (Content and Language Integrated Learning)

These lessons merge CLIL and British Culture. Students learn about art, literature, and science, or about the history and the geography of the UK, while activating their linguistic knowledge.



At UKLC we provide full-board accommodation at all of our centres with options to suit different preferences and budgets. We know that choosing the right accommodation option is as important as the right programme and our team are here to guide you through the choices. We work closely with our accommodation partners to deliver safe and comfortable accommodation for our students and group leaders.

Homestay

Our homestay option gives students the experience of living in a British home and being fully immersed in English. Students get to know their hosts during their stay and learn about a new culture. Travel passes are provided for students and they are given detailed instructions for travelling to the school.

Breakfasts and evening meals are provided by the hosts at the homestay. For lunch students are provided with packed lunches from the hosts.

Available at: **Chester**

In Chester, our homestay accommodation option is provided by our sister homestay company.

Residence

Most of our residences are onsite and easily accessible from the classrooms, social spaces and canteen. We have a mix of university accommodation and boarding school accommodation depending on the centre. Across our different schools we have single, twin and multibedded rooms, some with ensuite bathrooms and some shared.

Available at:

Broadstairs, Wellesley Haddon Dene Crewe, Cheshire Campus Edinburgh, Newbattle Abbey College Portsmouth, University of Portsmouth Reading, Queen Anne's School Winchester, St Swithun's School

My k

My bedroom is very nice. I am staying with girls from Spain and Italy and we talk and laugh a lot. I feel very safe here, there is always someone to help. The food is very good!

Camille from France, Queen Anne's, Reading, 2024





As specialists in programmes for young people aged 8-17, the safeguarding of children is fundamental to the way UKLC views and ensures the well-being of its students. We have developed robust systems and processes for managing the welfare of children in our centres.

Steps we take to ensure the welfare of students;

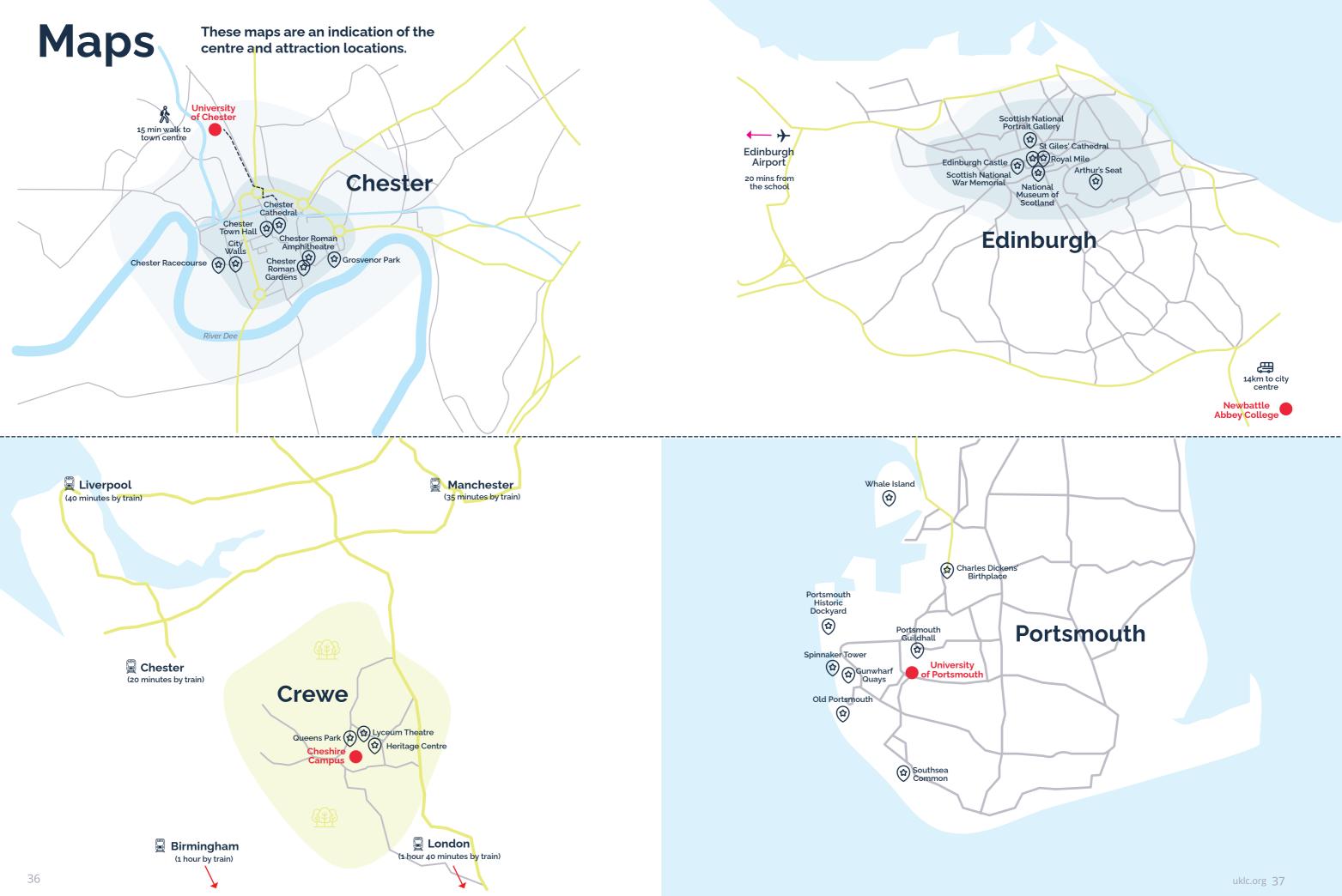
- All staff undergo appropriate background and safeguarding checks.
- For year-round groups our Ministay Coordinators manage safeguarding and welfare support.
- All students are given an induction lesson highlighting the rules for their centre and all group leaders attend an induction meeting when they arrive which details their responsibilities.
- We work with group leaders to ensure their students have a safe and enjoyable stay, taking full responsibility for students when they are in lessons and on scheduled activities. We assist group leaders to ensure students' safety and care outside of scheduled activities and during excursions.

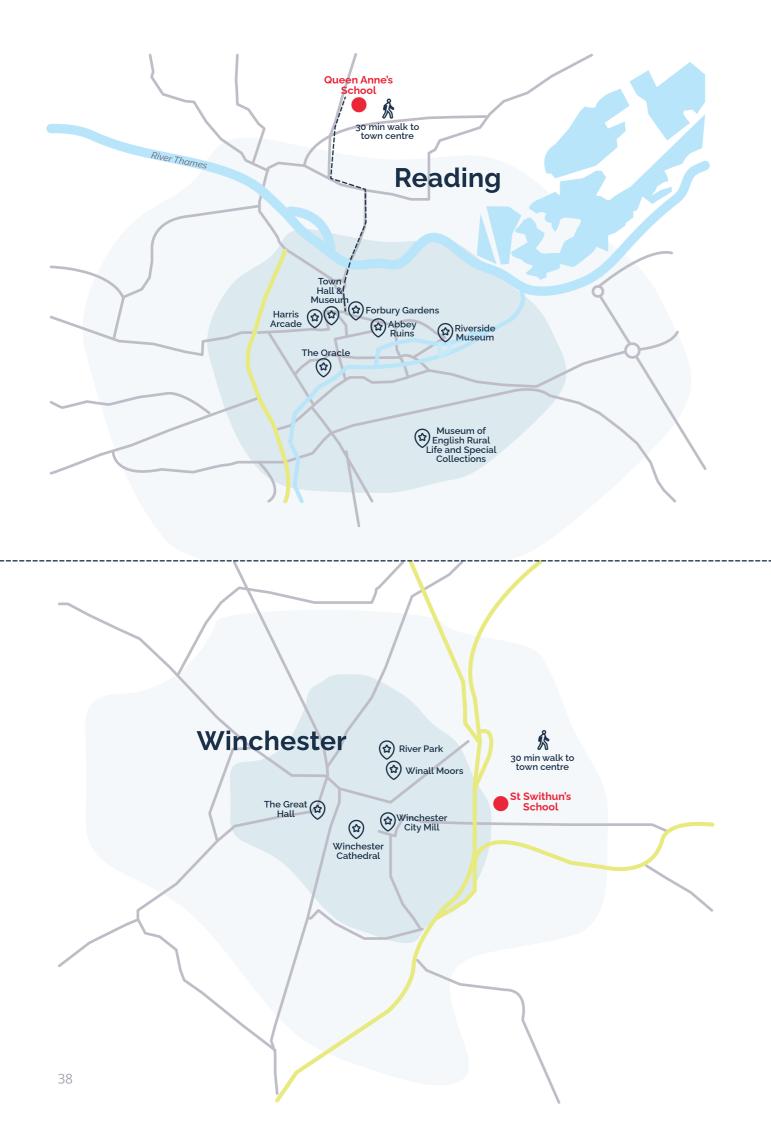
- UKLC staff are available 24 hours a day for any issue that may arise and there is a 24-hour emergency number for partners, parents and students.
- All students get a UKLC wristband and lanyard to be worn at all times.
- Our Operations and Safeguarding Handbook is distributed to all staff and is available to download on the website. Policies and procedures for welfare and safeguarding are available on our website and in our downloadable handbooks.

Student Resilience and Wellbeing

Whilst the physical welfare and safety of our students has always been important, we believe that we need to focus on their mental welfare too. In recent years there has been a greater awareness of mental health in young people. An experience away from home, especially in current global climate, is an opportunity to strengthen that.

Along with sessions on General Safety and e-Safety, we have introduced a new session for every student. We dedicate lesson time to "Resilience and Well-being". It will help students to process the ever-changing world around them and their ability to adapt to it. We also offer them ideas and tools to manage their own well-being.









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