



UKLC

University of Portsmouth

Centre Handbook

2025

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Thank you very much for your interest in the UKLC course at the University of Portsmouth. We hope you find everything you need in the following pages but if you have any questions or specific requests then please get in touch with us at Head Office on 0044 1244 577995.

The contents of this handbook are updated regularly. The latest version will be sent before your arrival.

We look forward to a successful summer 2025 at the University of Portsmouth!

Summary



Amazing city centre location



Short Transfers



University



Intensive English



Drama



Dance



Leadership and Life Skills

The Centre

Portsmouth university opened in 1908 as a municipal college and library and over the years has developed into a top choice university in the south of England. Over 70 million pounds has been invested into new buildings and facilities in the past 10 years.

There is CCTV covering the site, communal, entrances door and lifts. There are security guards stationed at receptions and do hourly patrols on buildings.

In this centre we accept students from 11 – 17 years of age.



Location



University of Portsmouth, Park Building, King Henry I St, Portsmouth

University of Portsmouth, Cathrine House, Stanhope Rd, Portsmouth, PO1 1DZ

Virtual tour available for Catherine House: <https://virtual.port.ac.uk/explore/template-accommodation/catherine-house>

Telephone Number: +44 (0) 023 9284 8484

Population: 208,003 (2021)

The campus is located in the city centre within walking distance of the beautiful beaches and traditional seaside piers. Portsmouth hosts a wide range of attractions and places to visit and is close to both Brighton and London. The residence is a 5 minute walk away from the classrooms.

It is a short walk to Portsmouth attractions and amenities, including:

- Portsmouth Guildhall (0.1 miles, 2-minute walk)
- Gunwharf Quays shopping centre (0.6 miles, 12-minute walk)

Airport Transfers:

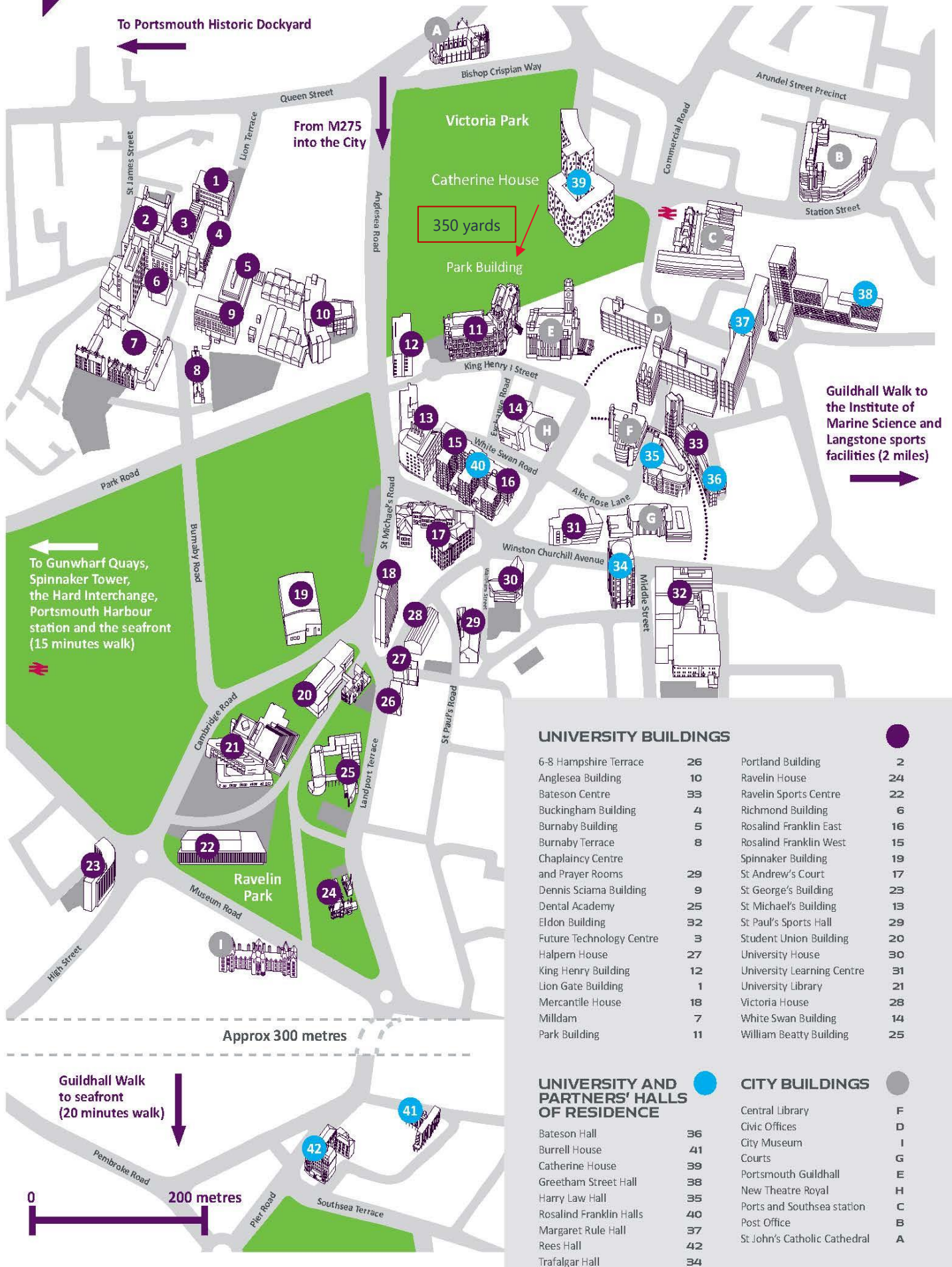
Gatwick Airport: 1 hour 15 minutes

Heathrow Airport: 1 hour 15 minutes

Stansted Airport: 2 hours 15 minutes



UNIVERSITY OF PORTSMOUTH



Local Amenities

Post Office

Slindon Street Post Office

Address: Slindon St, Portsmouth PO1 1AB (0.5 miles / 10 minutes' walk)

ATM

Sainsbury's Bank ATM

Address: 5-7 Guildhall Walk, Portsmouth PO1 2RY (0.2 miles / 4 minutes' walk)

Chemist

Lalys Pharmacy

Address: 1 Guildhall Walk, Portsmouth PO1 2RY (0.2 miles / 4 minutes' walk)

Hospital

Queen Alexandra Hospital

Address: Cosham, Portsmouth PO6 3LY (5.1 miles / 14 minutes' drive)

Doctors

Uni City Medical Centre

Address: 159 - 161 Commercial Rd, Portsmouth PO1 1EA (0.5 miles / 12 minutes' walk)

Telephone: 02392736006

N.B. If a student is ill and requires a doctor, then a Group Leader and a UKLC staff member will take the student to the doctors. The student will be required to fill out a temporary patient form and will be seen on the same day.

Dentist

Hampshire Terrace Dental Care

Address: 4 Hampshire Terrace, Southsea, PO1 2QF (0.1 miles / 2 minutes' walk)

Telephone: 02392823779

Bus Stop

The Closest bus stop to the university is Cambridge Junction, Portsmouth PO1 2EN. There are frequent buses that run to the train station and neighbouring towns.

Train Station

Portsmouth and Southsea Train Station

Address: Commercial Rd, Portsmouth PO1 1EH (0.3 miles / 7-minute walk)

Taxi Companies

Aqua Cars: 02392654321

Willows Wheels: 07746395443

Coffee Shops

Starbucks Coffee

Seattle-based coffeehouse chain known for its signature roasts, light bites and WiFi availability.

Address: 21 Guildhall Walk, Portsmouth PO1 2RY (0.1 miles / 2 minutes' walk)

Hideout Coffee Company

Going against the grain since 2017; Hideout is a one-finger salute to the conventional coffee and donut shop. They started out as Southsea's worst-kept secret, dishing out the fine caffeine hits. The upstairs takes inspiration from everything: Skate shops to old-school tattoo parlours and is slammed, back-to-back, with a Scandi vibe - all houseplants and dark wood.

Address: Lord Montgomery Way, Unit 8 Charter PO1 2SB: (0.1 miles / 2 minutes' walk)

Restaurants:

The Dockyard

The Dockyard Pub is only a short walk from the Portsmouth Historic Dockyard and Gunwharf Quays. With a relaxed atmosphere and friendly environment, we offer a variety of specially picked craft beer, street style & tasty vegan food.

Address: 13-19 Guildhall Walk, Portsmouth PO1 2RY (0.2 miles / 3 minutes' walk)

Carluccio's

Contemporary, white-walled chain Italian cafe-deli, with pastas and handmade focaccia. In 1999 they opened the first Carluccio's Caffè in Market Place – an authentic Italian restaurant in the truest sense of the word, and a continuation of their successful food shop.

Address: Unit R20, Blake House, Portsmouth PO1 3TZ (0.7 miles / 15 minutes' walk)

The Jolly Roger

Relax and indulge in the welcoming atmosphere of The Jolly Roger, located in an idyllic spot on the waterfront with breath-taking views of Portsmouth Harbour.

Address: 156 Priory Rd, Gosport PO12 4LQ: (12 miles / 25 minutes' drive)

Accommodation

The residential block Catherine House is a 5 minute walk (0.2 miles) from the Main Campus. The University has up to 250 beds available which contain flats of 4-6 single en-suite rooms. Each flat has a kitchen on every corridor that can be accessed by students and leaders.

Room Allocation

We divide the students up according to their age, gender and group where possible. We take into consideration any specific requests, i.e. friends who want to be close to each other. Group Leaders will stay in the same house as their students. Room allocation is normally done on arrival. If you would like any further information on this, please contact us.

Housekeeping

Towels and bedding are changed once a week. Bedrooms and bathrooms are deep cleaned once a week. Bins are emptied and rooms checked daily; Monday- Friday. Laundry facilities are available at the centre, they are operated through an app and card payment at a cost of approx. £6 for a wash and dry. Washing detergent is available from UKLC.

Key Loss

If any key or key card is lost during the stay, there will be a £10 replacement fee payable to UKLC.

Deposits

We will ask each student for a deposit of €25/£25 on arrival. We will check their rooms before they arrive and before they leave and return the money if everything is in order. If there is damage to the houses and nobody admits fault, we will ask everyone in the house to share the cost.



Meals

When the students are on campus, they will eat their meals in the dining hall on site. When they are out on full day excursions, they will be provided with packed lunches.

Meal times

Breakfast: 08:00 – 09:00
Lunch: 12:30 - 13:30
Dinner: 18:30 - 19:30

If we are aware in advance, we can advise the catering staff of any dietary requirements or allergies and the canteen staff can cater to these.

*Meal times are subject to change .

University of Portsmouth – Sample Menu

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Continental breakfast including a selection of Cereals, Pastries & Yoghurts Toast	Continental breakfast including a selection of Cereals, Pastries & Yoghurts Toast	Continental breakfast including a selection of Cereals, Pastries & Yoghurts Toast	Continental breakfast including a selection of Cereals, Pastries & Yoghurts Toast	Continental breakfast including a selection of Cereals, Pastries & Yoghurts Toast	Cooked English Breakfast Selection of Cereals	Continental breakfast including a selection of Cereals, Pastries & Yoghurts Toast
Lunch *(V) Vegetarian option available	Cajun Chicken Wraps or Jumbo Fish Finger or Vegetable Lasagne with Garlic Bread Selection of Vegetables, Potatoes & Plain Pasta Salad	Scampi or Pepperoni Pizza or Veggie Canneloni Selection of Vegetables, Potatoes & Plain Pasta Salad	Chicken Nuggets or Pasta with Roasted Vegetables & Spicy Pepperoni or Veggie Burger Selection of Vegetables, Potatoes & Plain Pasta Salad	Fishcakes or Sausage Rolls or Cheese and Tomato Pizza Selection of Vegetables, Potatoes & Plain Pasta Salad	Spaghetti Bolognese or Chinese Chicken & Pitta Bread or Roasted Pepper and Tomato Tagliatelle Selection of Vegetables, Potatoes & Plain Pasta Salad	Chicken Goujons or S/M Joe Burger or Veggie Risotto Selection of Vegetables, Potatoes & Plain Pasta Salad	Canneloni or Breaded Plaice Goujons or Cheese & Onion Pastie Selection of Vegetables, Potatoes & Plain Pasta Salad
Pudding	Cold Sweet Fresh Fruit	Cold Sweet Fresh Fruit	Cold Sweet Fresh Fruit	Cold Sweet Fresh Fruit	Cold Sweet Fresh Fruit	Cold Sweet Fresh Fruit	Cold Sweet Fresh Fruit

Dinner *(V) Vegetarian option available	Soup of the Day Chicken Zigger Burgers Sundried Tomato Mayo or Pork Rib Steaks with B.B.Q Sauce or Vegetable Ravioli Selection of Vegetables, Potatoes, Plain Pasta, & Rice Salad	Soup of the Day Minted Lamb Burgers or Chicken Fajitas or Macaroni Cheese Selection of Vegetables, Potatoes, Plain Pasta, & Rice Salad	Soup of the Day Battered Fish with Tartare Sauce or Spicy Bean Burger or Meat Balls in Tomato Sauce Selection of Vegetables, Potatoes, Plain Pasta, & Rice Salad	Soup of the Day Lemon Pepper Chicken Baguette or Pasta Carbonara or Cauliflower and Broccoli Cheese Selection of Vegetables, Potatoes, Plain Pasta, & Rice Salad	Soup of the Day Roast Chicken Portions or Omelettes or Veggie Hot Dog & Onions with Sweetcorn Relish Selection of Vegetables, Potatoes, Plain Pasta, & Rice Salad	Soup of the Day Southern Fried Chicken or Pasta with Italian Sauce or Scampi Selection of Vegetables, Potatoes, Plain Pasta, & Rice Salad	Soup of the Day Roast Pork or Hot Dog Sausage or Pasta in a Cream and Mushroom Sauce Selection of Vegetables, Potatoes, Plain Pasta, & Rice Salad
	Pudding	Cold Sweet Fresh Fruit	Cold Sweet Fresh Fruit	Cold Sweet Fresh Fruit	Cold Sweet Fresh Fruit	Cold Sweet Fresh Fruit	Cold Sweet Fresh Fruit

Technology

Wifi is available campus wide and is password protected. We normally only give this password out to Group Leaders / adults. Being a university, there are limited firewalls and it is at the Group Leader's discretion whether they give these details to their students. There is an IT Suite on campus and you will have access to this on a timetabled basis.

There are no public phones on site. The nearest are in Manchester city centre.

Security

Emergency contacts: Each student will be given a wristband when they arrive, and this will have the following emergency telephone number printed on it: 00 44 1244 567695. If you need to contact the centre in the event of an emergency please call this number and follow the options for the relevant centre, this will then put you through to the person on duty.

Certain basic guidelines are common to all centres and students. Students should:

- Never walk away alone!
- Never leave the residence without permission in the evening!
- Always make sure they have understood when and where the meeting point is whilst out on excursions!
- Always wear their identification lanyard and their UKLC wristband! *

*students found not wearing their lanyard or wristband will be fined £1

Safety

- Remember that there is a 24-hour emergency telephone number on the wristband (**0044 1244 567695**) and that the number for the emergency services (Ambulance/Police/Fire) in England is **999**, or the single emergency number for the EU including the UK is **112** or you can call **101** to report a crime where you do not need an emergency response
- The police are there to help and protect and can be asked for assistance!
- Never respond to someone if you feel threatened, simply walk away!
- Always give your money to the UKLC management team to put in the safe and never to carry large amounts of cash around!
- Be careful crossing the road. Remember that in the UK we drive on the left!
- If you are ill or need a doctor, tell a member of UKLC staff immediately!
- Keep all windows closed when not in your bedrooms!

Insurance and valuables

Although all houses will be accessed via key or swipe cards, it is suggested that students try to avoid bringing very expensive items with them. If they are bringing valuables with them, it is essential that they have sufficient insurance to cover any loss of damage as neither the centre nor the company can be held responsible if anything goes missing. The Centre Manager will have access to a safe if it is required.

Teaching

We know how important it is for each individual student to find their own path in language learning. We use a wide range of methods to engage and stimulate our students. This is why we have created a programme based on the students' age, level and need. It is called 'You Can Learn 4', or as we like to call it: 'UKL4', and it includes:

UKL4 FUN (Ages 8-11): Highly engaging lessons that offer a wide range of tailored material and activities for our young learners. It makes games into lessons and lessons into games.

UKL4 CONNECTION (Ages 11-14): Highly dynamic lessons that include a variety of topics and media, especially designed to reflect the quick-paced, interactive world our young students are growing up in. Available in levels A1-C1.

UKL4 ACTION (Ages 14-17): Lessons especially designed to engage our older students through more abstract tasks, topics and contemporary issues. Available in levels A1-C1.

UKL4 CONNECTION and UKL4 ACTION programmes consist of three different lessons a day:

1. TBL (Task Based Learning):

During these lessons, students are encouraged to complete a task. Language is therefore acquired through the task as it emerges naturally as the result of the students' communicative needs.

2. S&S (Skills & Systems):

These lessons aim at empowering our students' linguistic awareness and capabilities by working on all language skills (reading, writing, listening, speaking) and systems (grammar, phonology, lexis, discourse) as well as using materials relevant to exam preparation (KET, PET, FCE, CAE, TOEFL, IELTS, GESE).

3. CLIL: (Content and Language Integrated Learning):

These lessons merge CLIL and British culture. Students learn about art, literature and science, or about the history and geography of the UK, while activating their linguistic knowledge.

Placement tests

We offer classes at four levels, from elementary to upper intermediate. Students take a placement test on their first day of classes to ensure they are placed at the correct level.

Once the tests have been marked, students won't be told their score unless they specifically ask for it but will be placed into a class based on these results.

If students are not happy with their level, they can speak with the Course Director who can decide if it is necessary for the student to change levels.

We always try to split groups into different classes to mix nationalities, but this does depend on their levels and the numbers of students that we have on site.

We will provide all course materials including a journal and a pen.

Students are taught in class sizes up to 16.

Programme

All UKLC summer programmes include:

- 15 hours of English lessons
- Full board accommodation in residence
- Full programme of excursions, activities and evening entertainment
- 1 free leader for 15 students
- Placement test on arrival and End of Course Certificate

English Plus Multi-Activity

The “typical” summer programme consisting of a wide variety of activities and sports. Sessions are structured and are coached by specialist staff. Sessions can include tennis, basketball, volleyball, swimming, photography workshops, dance, football, and drama etc. Students are moved through two or three activities on rotation in each session.

English Plus Drama*

For students with an interest in drama and a desire to improve their English through confidence building performances. Sessions take place with a teacher who will guide the students through a programme exploring various elements of acting, including improvisation, mime and role play. They will perform at the end of the course either a part of a well-known play or something they have written themselves.

English Plus Intensive English*

Additional English lessons for those who really want to maximise their language learning during their stay in the UK. Students will build on their lessons through additional taught classes at a level appropriate to their achievement in the placement test. The lesson content will be a continuation of the UKL4 programmes as outlined in the accompanying Academic Summary (see section on “Academic Tuition”).

Leadership & Life Skills*

This programme offers a blend of language development and essential life skills through a series of seminars, workshops, and media-based projects which cover CV writing, interview skills, presentations and academic writing. The curriculum fosters creativity, critical thinking, and effective communication and it includes sessions designed to cultivate global leadership skills to prepare students for the modern professional world. This course is valid for PCTO funding.

*Students aged between 11 and 17 who are enrolled on Multi-Activity or English Plus courses will be divided by age for activities where numbers allow. Students can choose whether to enrol on the Multi-Activity or an English Plus course. All students aged between 8 and 10 will be automatically enrolled on the multi activity programme.

**These programmes vary at each centre. A minimum of 10 students applies to each programme and each student will be asked to select a 1st and 2nd option before arrival which they will join for the duration for their stay. Students who do not choose in advance will join the standard English Plus Multi-Activity.

A typical day for students

08:00 – 09:00	Breakfast
09:00 – 10:00	Lesson 1
10:00 – 10:15	Break
10:15 – 11:15	Lesson 2
11:15 – 11:30	Break
11:30 – 12:30	Lesson 3
12:30 – 13:30	Lunch
14:00 – 17:30	Afternoon Activities
18:30 – 19:30	Dinner
20:00 – 22:00	Evening Activities
22:00	Bedtime

University of Portsmouth Sample Programme - Summer 2025

	Morning	Afternoon	Evening
Week 1	Tuesday	English Test	Multi-Activity or Chosen Programme
			Murder Mystery
	Wednesday	Lessons	Walking tour of Portsmouth
			Casino Night or Conversation Club
	Thursday	Oxford Walking Tour with Pitt Rivers Museum	
			Trashion Show
	Friday	Lessons	Vlogging or Chosen Programme
Week 2			Disco
	Saturday	Lessons	Gunwharf Quays & Spinnaker Tower
			Red vs Blue
	Sunday	London Walking Tour and Oxford Street	
			Attractions
	Monday	Lessons	Multi-Activity or Chosen Programme
			Film Night
	Tuesday	Free Time, Activities or Optional Excursion	Lessons
			Karaoke or Conversation Club
	Wednesday	Multi-Activity or Chosen Programme	Lessons
			Paparazzi
	Thursday	Arundel with Arundel Castle	Lessons
			Mini Olympics
	Friday	Vlogging or Chosen Programme	Lessons
			Oscars
	Saturday	Multi-Activity or Chosen Programme	Lessons
			Talent Show
	Sunday	Brighton and Royal Pavilion	
			Leaving Disco
	Monday	Departures	

Please note: This is a sample programme and may be subject to change. It may also be necessary to operate a zig zag programme of morning / afternoon lessons.

Facilities

Drama lessons will be held in the theatre and dance lessons in the dance studio.

Evening entertainment

The UK Language Courses staff plan fantastic activities to make sure the students enjoy their evenings. For example: discos, quizzes, fashion shows, blind date, sports tournaments etc. We ask Group Leaders to encourage students to participate as much as possible and to communicate any special ideas or requests from students.

Here are a few brief descriptions of just some of our activities for students to join in on:

Around the World

Consists of a number of different stations based on activities from different countries. One staff member will be placed at each activity station. They will each represent a country and have to create an activity related to that country (for example: New Zealand – The Haka). Students will be divided into groups and given a time for each station. Students will visit each station.

Oscars Night

Involves students watching a number of scenes from selected films. They will have the chance to re-enact a famous selected scene. Creating their own script, which must be in English and costumes (out of various given equipment). Scenes will be shown on a big screen for everyone to watch. Awards will be given by UKLC staff for the best reproduction.

Speed Dating

Enables students from mixed nationalities to socialise and get to know each other whilst improving their spoken English. Students will have a short period of time to have a conversation on their interests, hobbies etc. Once the given time finishes they will move to another student and begin the same process again.

Talent Show

Gives students the opportunity to perform talents such as singing, dancing and acting in front of the whole centre! Sign-up sheets will be available in the centre a few days before the event. There will be judges who will score the performances and give positive feedback to each student who performs on the evening.

We look forward to welcoming you to University of Portsmouth in summer 2025!

