

Tennis at Queenswood by



/ TENNIS CAMPS /

UKLC are delighted to partner with ACE Tennis to offer 5 coaching sessions per two-week stay and any level of player is welcome!

Whether students aspire to play professionally, earn a sports scholarship or simply want to improve their game at any level, Ace Tennis Camps coaching programme will help them on their tennis journey.



UKLC
Educate • Inspire • Enrich

The coaching programme

This is based around four major areas that are encouraged and developed:

1. Technical Skills

- Learning how to play important tennis shots, both attacking and defensive.
- Practicing these shots in different situations to be ready for real matches.

2. Mental Skills

- Learning how to solve problems during a match.
- Staying positive, focused, and mentally strong.
- Choosing the best strategy based on your opponent's style and the court conditions.

3. The Importance of Match Play

- Using technical skills in real games during practice.
- Playing matches every session at the camp.
- Practicing in tournament-like conditions with daily feedback to help you improve.

4. Life Skills You Learn Through Tennis

Tennis is more than a sport; it helps teach important life skills. Students will learn:

- How to be a good sport and show respect to others.
- How to set goals and work to achieve them
- How to work well with teammates and people with different skill levels.
- Patience, focus, and how to enjoy the game!

Personal Assessment and Custom Coaching

- Every student is assessed when they arrive to understand their ability.
- Our experienced coaches create lessons that challenge and support each student, no matter their level.

Our High-Quality Coaches

- We keep a low coach-to-student ratio of 1:4, so every player gets personal attention.
- Our coaches are professionals with many years of experience. They can help beginners and advanced players improve.
- The coaches are passionate about tennis and love helping players get better at the game.

Whether you are new to tennis or already competing at a high level, this programme will help you grow and enjoy learning!

Each student will receive a ACE Tennis Camp welcome bag that includes a cap, a certificate / report at the end and refreshments during the session.

Additional charges apply – speak to UKLC to book your space on this exclusive opportunity for UKLC students

uklc.org