

# UKLC

Wycombe Abbey Centre Handbook

2024

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Thank you very much for your interest in the UKLC course at Wycombe Abbey. We hope you find everything you need in the following pages but if you have any questions or specific requests then please get in touch with us at Head Office on 0044 1244 577995.

The contents of this handbook are updated regularly. The latest version will be sent before your arrival.

We look forward to a successful summer 2024 at Wycombe Abbey.

# **The Centre**

Wycombe Abbey is a boarding school in Buckinghamshire, situated in the centre of High Wycombe. It was founded in 1896 and now boasts a wide collection of facilities with 170 acres of grounds, including tennis courts, a swimming pool, football pitches and gyms. The land includes woods, gardens, a Cold War bunker and a lake, and rises up to 150 metres above sea level in the Chiltern Hills. The buildings across the campus are a mixture of old and new and include Grade 2 listed buildings giving this centre a real traditional English boarding school feel.





# Location

Wycombe Abbey Frances Dove Way, High Wycombe HP11 1PE

Telephone Number: 01494 520381

Population: 83,523

It is a short walk to High Wycombe attractions and amenities, including:

- Eden Shopping centre (0.5 miles, 12-minute walk)
- Wycombe Museum (0.4 miles, 10-minute walk)

High Wycombe is a thriving market town northwest of London. The town has a long and colourful history, appearing in the Domesday Book and known to have been inhabited by Romans. The town centre has some beautiful Georgian architecture, including the Little Market House (or Pepper Pot, as it's often known), and the stunning Guildhall. History and heritage buffs should also visit National Trust's West Wycombe Park, an elegant country house set in 45 acres of landscaped beauty boasting unrivalled views of the Chilterns countryside.

### Airport Transfers:

London Heathrow: 30 minutes London Gatwick: 1 hour 20 minutes London Luton: 1 hour









# **Local Amenities**

### **Post Office**

High Wycombe Post Office Address: High Wycombe Post Office, 3 Castle St, High Wycombe HP13 6RZ (0.4 miles / 9-minute walk)

### Supermarket

Sainsbury's Address: Oxford Rd, High Wycombe HP11 2DN (0.5 miles / 12-minute walk)

### ATM

Sainsbury's Address: Oxford Rd, High Wycombe HP11 2DN (0.5 miles / 12-minute walk)

### Chemist

CentraPharmacy Address: 20 Queens Sq, High Wycombe HP11 2DF (0.4 miles / 9-minute walk)

#### Hospital

Wycombe Hospital Address: Queen Alexandra Rd, High Wycombe HP11 2TT (0.4 miles / 10-minute walk)

#### Doctors

### Chiltern House Medical Centre

Address: 45-47 Temple End, High Wycombe HP13 5DN (0.6 miles / 15-minute walk) \*N.B. If a student is ill and requires a doctor, a UKLC staff member (and group leader if applicable) will take the student to the NHS medical centre at Chiltern House Medical Centre. The student will be required to fill out a temporary patient form and will be seen on the same day.\*

#### Dentist

Enhance Dental Centre Address: 26 High St, High Wycombe HP11 2AG (0.3 miles / 6-minute walk)

#### **Bus Stop**

Turn left out of the school, and there is a bus stop just a couple of minutes' walk away. There are frequent busses that run into in High Wycombe and surrounding suburbs.

### **Train Station**

*High Wycombe Railway Station* Address: Amersham Hill, High Wycombe HP13 6NN (0.4 miles / 9-minute walk). Regular trains to London.

### Taxi Companies

Greyhound Taxi Services 01494 444751 Yellow Cars 0117 950 0600 First Choice Car 01494 857579



### **Coffee Shops**

#### The Front Room

The Front Room is a gem of the town, located on Castle Street and offering locally sourced food, up-cycled interiors and freshly ground coffee. With a beautifully decorated space filled with books and plants this is the perfect place to lose yourself for hours in a chat or a novel.

Address: 9 Castle St, High Wycombe HP13 6RZ (0.5 miles / 10-minute walk)

#### Hatch Coffee

With a mission of *'bringing high end, barista-crafted coffee to High Wycombe'*– Hatch Coffee has cemented itself as a trendy, forward thinking coffee spot. Connected to Bluegrass BBQ, this hidden treasure offers a takeaway nook to the side of the building so you can grab a coffee before a walk on the Rye, or take a seat within the Bluegrass BBQ restaurant for some ribs on a rainy day.

Address: 12-13 Pauls Row, High Wycombe, HP11 2HQ (0.2 miles / 5-minute walk)

#### Restaurants

#### Merletto Lounge

You can't miss the pretty Merletto Lounge with tasty food and eccentric interiors. Situated in the grand white building on the High Street, in the centre of High Wycombe – the perfect spot to sit in and soak up the rays when the sun is shining! Address: 4 High St, High Wycombe HP11 2AZ (0.4 miles / 7-minute walk)

#### Bluegrass BBQ Smokehouse

A meat-lover's heaven. Bluegrass BBQ Smokehouse has the genuine taste of the southern united states states; low-n-slow smoked meats in a friendly and fast-paced smokehouse.

Address: 13 Paul's Row, High Wycombe HP11 2HQ (0.2 miles / 5-minute walk)

#### Café Roberto

Situated on the heart of High Wycombe, Café Roberto has an authentic Italian vibe with great food and a family-friendly atmosphere. The inside is nice and spacious and gives a great atmosphere. With fresh ingredients, great service and a lovely outside area, this place should be on your next go-to list in the upcoming summer period. Buon Appetito! Address: 26-28 White Hart St, High Wycombe HP11 2HL (0.4 miles / 8-minute walk)



# Accommodation

There are 2 residential blocks on-site, Pitt and Rubens, with single and dormitory rooms with up to 4 people, and each room has ensuite facilities. Each building also comprises two living rooms, two kitchens, six study rooms.

### **Room Allocation**

We divide the students up according to their age, gender and group where possible. We take into consideration any specific requests, i.e. friends who want to be close to each other. Room allocation is normally done on arrival. If you would like any further information on this, please contact us.



### Meals

When the students are on campus, they will eat their meals in the dining hall on site. When they are out on full day excursions, they will be provided with packed lunches.

### Meal times

Breakfast:	08:00 - 09:00
Lunch:	12:30 - 13:30
Dinner:	18:30 - 19:30

If we are aware in advance, we can advise the catering staff of any dietary requirements or allergies and the canteen staff can cater to these.

\*Mealtimes are subject to change



### Wycombe Abbey Sample Menu:

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	<b>Croissant</b> Bacon Scrambled Egg Sautee Potatoes Baked Beans	Pan Au Chocolate Sausage Fried Egg Hash browns Baked Beans	<b>Fruit bun</b> Bacon Scrambled Egg Fried Bread Baked Beans	<b>Bagel</b> Sausage Fried egg Mushrooms Hash Browns Baked Beans	Waffle Bacon Scrambled Eggs Sautee Potatoes Baked Beans	<b>Pancakes</b> Sausage Fried Eggs Fried Bread Baked Beans	Full English Bacon Sausage Fried Egg Mushroom Tomatoes Hash Browns Baked Beans
			on of Cereals / Toa on of cut Fruit Nat				
	Bangers & Mash Cumberland Sausage OR Vegetarian Sausage	Thai Chicken Curry OR Thai Vegetable Curry	Breaded Turkey Escalope with tomato sauce OR Chickpea & vegetable Filo Parcels	Traditional Beef Lasagne OR Vegetable Lasagne	Oven Baked Breaded Fish OR Crispy Coated Cauliflower Buffalo wings	Packed Lunches	Packed Lunches
Lunch	Mashed Potato Peas Onion Gravy Baked Potatoes Baked Beans & Seasonal Salad Bar	Stir Fried Noodles Broccoli Baked Potatoes Baked Beans & Seasonal Salad Bar	Cumin Roast Carrots New Potatoes Baked Potatoes Baked Beans & Seasonal Salad Bar	Garlic Bread Roasted vegetables Baked Potatoes Baked Beans & Seasonal Salad Bar	Chips Mushy Peas Tartare Sauce Baked Potatoes Baked Beans & Seasonal Salad Bar		
	Ginger Cake with Yoghurt	Steamed Syrup Sponge with Custard	Summer berry Sponge with Cream	Marble cake with chocolate sauce	Apple Crumble with Custard		
	Fish Finger Wrap Lettuce & Sauce in a warm Tortilla Wrap OR Summer Vegetable Paella	Chargrilled Chicken in a Brioche Bun OR Halloumi Burger with Sweet Chilli and Red Cabbage Slaw	Mac and Cheese BBQ Pulled Chicken OR Mac and Cheese BBQ pulled Jackfruit and Quorn	Pizza Night OR Vegetarian Pizza	Lemon & Herb Roast Chicken Traybake OR Mushroom Risotto	BBQ night with Hotdogs Beef burgers Veggie burgers BBQ Chicken Cheese slices Fried Onions Sauces	Chargrilled Gammon Steak OR Stuffed Roast Peppers
Dinner	Green Beans Chopped House Salad Crusty Bread Baked Potatoes Baked Beans	Sweet Potato Fries Sweetcorn Baked Potatoes Baked Beans	House salad Garlic Bread Baked Potatoes Baked Beans	Curly Fries Corn on the cob Baked Potatoes Baked Beans	Roast New Potatoes Green Vegetable Medley Baked Potatoes Baked Beans	Classic Potato Salad Ruby Slaw Baked Potatoes Baked Beans	Roast Potato's Buttered Carrots Gravy Baked Potatoes Baked Beans
	Banoffee Pie Fresh Fruit	Chocolate & Orange Sponge Fresh Fruit	Summer Berry Crumble with Custard Fresh Fruit	Chocolate Brownie Fresh Fruit	Lemon & Poppy Cake Fresh Fruit	lce Cream Toppings Fresh Fruit	Chocolate Brownie



# Technology

Wi-fi is available campus wide and is password protected. We normally only give this password out to Group Leaders / adults. Being a private boarding school, the internet access is firewalled as per the boarding school regulations. It is at the Group Leader's discretion whether they give these details to their students.

# Security

Emergency contacts: Each student will be given a wristband when they arrive, and this will have the following emergency telephone number printed on it: 00 44 1244 567695. If you need to contact the centre in the event of an emergency please call this number and follow the options for the relevant centre, this will then put you through to the person on duty.

Certain basic guidelines are common to all centres and students. Students should:

- Never walk away alone!
- Never leave the residence without permission in the evening!
- Always make sure they have understood when and where the meeting point is whilst out on excursions!
- Always wear their identification lanyard and their UKLC wristband! \* \*students found not wearing their lanyard or wristband will be fined £1

### Safety

- Remember that there is a 24-hour emergency telephone number on the wristband (**0044 1244 567695**) and that the number for the emergency services (Ambulance/Police/Fire) in England is **999**, or the single emergency number for the EU including the UK is **112** or you can call **101** to report a crime where you do not need an emergency response
- The police are there to help and protect and can be asked for assistance!
- Never respond to someone if you feel threatened, simply walk away!
- Always give your money to the UKLC management team to put in the safe and never to carry large amounts of cash around!
- Be careful crossing the road. Remember that in the UK we drive on the left!
- If you are ill or need a doctor, tell a member of UKLC staff immediately!
- Keep all windows closed when not in your bedrooms!

### Insurance and valuables

Although all houses will be accessed via key or swipe cards, it is suggested that students try to avoid bringing very expensive items with them. If they are bringing valuables with them, it essential that they have sufficient insurance to cover any loss of damage as neither the centre nor the company can be held responsible if anything goes missing. The Centre Manager will have access to a safe if it is required.



# Teaching

We know how important it is for each individual student to find their own path in language learning. We use a wide range of methods to engage and stimulate our learners. This is why we have created a new programme specifically tailored to provide participants with the 21<sup>st</sup>-century skills they need in order to become the global leaders of tomorrow. By taking into account our students' age and competence in the English language, we are able to provide a diversified didactic offer:

**UKL4 CONNECTION (Ages 12-14, B1-C2):** Highly dynamic lessons that include a variety of topics and media, especially designed to reflect the quick-paced, interactive world our young students are growing up in.

**UKL4 ACTION (Ages 15-17, B1-C2):** Lessons especially designed to engage our older students through tasks, topics and contemporary issues that will encourage them to think more creatively and critically about the world around them.

UKL4 CONNECTION and UKL4 ACTION programmes consist of three different lessons a day:

#### 1. CLIL: (Content and Language Integrated Learning):

During these lessons, students will be introduced to the global topics that will be explored throughout the day. They will widen their perspective of the issue at hand thanks to a deeper understanding of the key concepts and a higher linguistic awareness. The theories they are introduced here will form the content for the future lessons.

#### 2. S&S (Skills & Systems):

These lessons aim at empowering our students' linguistic awareness and capabilities by working on all language skills (reading, writing, listening, speaking) and systems (grammar, phonology, lexis, discourse) as well as using materials relevant to exam preparation (PET, FCE, CAE, CPE, TOEFL, IELTS, GESE). After being introduced to a new theory or topic, students will learn how to accurately utilise language to address it, discuss it, and report on it within different contexts and using a variety of registers.

#### 3. TBL (Task Based Learning):

During these lessons, students are encouraged to complete a task. Language is therefore acquired through the task as it emerges naturally as the result of the students' communicative needs. Tasks are focussed on global topics including leadership styles, technology, AI and career skills. Students will have the chance to work creatively and collaboratively to solve tasks ranging from holding their own election to pitching a new product.



### Electives

We offer four unique and exciting electives for our students to enhance their learning experience during afternoon sessions. Each participant can choose between two electives for each week. We recommend an English level of B1+ for these modules. On the last day, there will be a Conference Day during which students will be able to showcase the projects they have developed during their electives. The electives we offer are:

### 1. Humanities & the Post-human:

This module focusses on a range of topics that include history, sociology, literature and creative writing. By looking at how the world has changed and how we as humans are evolving into a digital age, students will study cultural and critical theories, and use the English language to discuss and debate these themes and topics.

### 2. Digital & Beyond:

In this module, students look at visual arts, social media marketing, presentation design and preparation. This elective will allow participants to practise and enhance their knowledge and skills in photography, image and video editing and other digital media. Students will also practise launching their own product and define a marketing strategy for it on social media, as well as honing their presentation design skills.

#### 3. Global Issues & Politics

During this module, students learn about political global issues affecting our world. These include, environmental studies and sustainability, social politics and geopolitics. Students will also understand more about British and European politics and be given the chance to practise their debating and reporting skills.

### 4. Leadership & Future

This module focusses on giving students the skills they need to succeed as global citizens of tomorrow. Looking at different leadership styles, the module equips students with the skills to become living leaders. All participants will learn life and work skills, practise public speaking to engage an audience, get ready for interviews and understand how to lead a team effectively.

### **Placement tests**

Students are pre-tested online before the start of the course to ensure they are placed at the correct level and that they can start lessons from day one, so as to get the most out of their time with us. If students are not happy with their level and wish to change class, we are happy to accommodate their request after discussion with the teacher and student. We always try to split groups into different classes to mix nationalities, but this does depend on their levels and the numbers of students that we have on site.

We will provide all course materials including an exercise book and a pen.

Students are taught in class sizes up to 12.



# Sample Programme

		Thursday	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	
Week 1	09:00- 12:30	CLIL, S&S, TBL Lessons	CLIL, S&S, TBL Lessons	London Hop on Hop Off Bus tour,	Hop on Hop Off Bus	with Christ	CLIL, S&S, TBL Lessons	CLIL, S&S, TBL Lessons	CLIL, S&S, TBL Lessons
	14:00- 17:15	Electives	Electives	London Eye and British	of Oxford Harry	Electives	Half day excursion to	Electives	
	17:30- 18:30	Sports & Activities	Sports & Activities	Museum		Potter Tour	Sports & Activities	Windsor with Windsor Castle	Sports & Activities
	20:00- 21:30	Speed Meeting	British Sports	Paparazzi	Cinema Visit	Oscars Night	UKLC Challenges	Karaoke	
	21:30-	House	House	House	House	House	House	House	
	22:30	Exchanges	Exchanges	Exchanges	Exchanges	Exchanges	Exchanges	Exchanges	

		Thursday	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday
Week 2	09:00- 12:30	CLIL, S&S, TBL Lessons	CLIL, S&S, TBL Lessons	Cambridge with University	CLIL, S&S, TBL Lessons	CLIL, S&S, TBL Lessons	Conference Day	
	14:00- 17:15	Electives	Electives	Tour (eg King's	Electives	Conference Prep	A West End	Depart
	17:30- 18:30	Sports & Activities	Sports & Activities	College)	Sports & Activities	Sports & Activities	Theatre Visit or	
	20:00- 21:30	Red vs Blue	Around the World	Quiz Night	Bowling	Talent Show	Shakespeare's Globe	
	21:30-	House	House	House	House	House	House	
	22:30	Exchanges	Exchanges	Exchanges	Exchanges	Exchanges	Exchanges	



# **Excursions:**

# Hop on Hop Off Bus Tour, London Eye and British Museum:

Explore the best of London's attractions with a trio of mustvisit experiences. Begin your journey with the Hop-On-Hop-Off Bus Tour, offering the flexibility to discover iconic landmarks at your own pace. Next, elevate your perspective on the London Eye, enjoying breathtaking panoramic views of the city. Then adventure into the British Museum, delving into a world of cultural treasures and historical artifacts.





### Oxford with Christ Church, University of Oxford Harry Potter Tour:

Immerse yourself in the enchanting world of Oxford with the Christ Church College and University of Oxford Harry Potter Tour. Explore the historic and picturesque Christ Church College, where iconic scenes from the Harry Potter films were brought to life. Wander through the captivating halls and courtyards that served as inspiration for Hogwarts. The University of Oxford Harry Potter Tour offers a magical journey through the memorising settings that fuelled J.K. Rowling's imagination.

### Windsor with Windsor Castle:

Embark on a regal adventure with a visit to Windsor Castle. Nestled on a picturesque hill, this historic fortress invites you to explore centuries of royal history. Wander through opulent State Apartments, with priceless art and exquisite furnishings. Marvel at St. George's Chapel, a masterpiece of Gothic architecture and the final resting place of many monarchs.







### Cambridge with University Tour:

Go on an intellectual and scenic journey with a visit to Cambridge and its renowned university. Roam through the cobblestone streets adorned with historic architecture, and marvel at the world-famous colleges along the River Cam. Explore the hallowed halls of the University of Cambridge, where the likes of Newton and Darwin once studied. Admire the iconic King's College Chapel and the Bridge of Sighs and immerse yourself in the vibrant academic atmosphere.

### A West End Theatre Visit or Shakespeare's

### <u>Globe:</u>

Experience the epitome of entertainment and culture with a visit to London's West End. Renowned for its world-class theatres, this vibrant district offers a spectacular array of theatrical productions, musicals, and performances. Or, step back in time to the world of Shakespeare at the Globe Theatre in London. Attend a live performance in the open-air amphitheatre, where the audience is transported back to the theatrical spirit of Shakespeare's era. With an immersive and authentic atmosphere, it is the perfect way to watch the works of one of the greatest playwrights in history.





# **Facilities**

Sports Facilities on site:

- Sports hall
- Indoor swimming pool
- Tennis court
- Football Pitch
- Cricket Pitch
- Athletic track
- Gym

Sports available at this centre can include: football, handball, basketball, rounders, volleyball, cricket, indoor hockey, badminton, lacrosse, tag rugby and tennis.

# **Evening entertainment**

The UK Language Courses staff plan fantastic activities to make sure the students enjoy their evenings. For example: discos, quizzes, fashion shows, blind date, sports tournaments etc. We ask Group Leaders to encourage students to participate as much as possible and to communicate any special ideas or requests from students.

Here are a few brief descriptions of just some of our activities for students to join in on:

### Around the World

Consists of a number of different stations based on activities from different countries. One staff member will be placed at each activity station. They will each represent a country and have to create an activity related to that country (for example: New Zealand – The Haka). Students will be divided into groups and given a time for each station. Students will visit each station.

### **Oscars Night**

Involves students watching a number of scenes from selected films. They will have the chance to re-enact a famous selected scene. Creating their own script, which must be in English and costumes (out of various given equipment). Scenes will be shown on a big screen for everyone to watch. Awards will be given by UKLC staff for the best reproduction.

### **Speed Dating**

Enables students from mixed nationalities to socialise and get to know each other whilst improving their spoken English. Students will have a short period of time to have a conversation on their interests, hobbies etc. Once the given time finishes they will move to another student and begin the same process again.

### **Talent Show**

Gives students the opportunity to perform talents such as singing, dancing and acting in front of the whole centre! Signup sheets will be available in the centre a few days before the event. There will be judges who will score the performances and give positive feedback to each student who performs on the evening.

We look forward to welcoming you to Wycombe Abbey in summer 2024!



