



# UKLC

**Edinburgh, Newbattle Abbey College**  
Centre Handbook  
2023

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Thank you very much for your interest in our centre at Newbattle Abbey. We hope you find everything you need in the following pages but if you have any questions or specific requests then please get in touch with us at Head Office on 0044 1244 577995.

We look forward to a successful 2023 at Newbattle Abbey.

## Summary



**Amazing city centre location**



**College or University**



**Ensuite accommodation**



**Swimming Pool**



**Intensive English**



**Drama**



**Dance**



**Life Skills**



**Football**



**Short Transfers**

# The Centre

As the capital city of Scotland, Edinburgh is recognised worldwide as a city of great history, architecture, and culture. The city comprises of two main areas; the Old Town built up in the Middle Ages high on the Castle Rock overlooking the surrounding plain; and the New Town, in contrast, spreads out in a magnificent succession of streets, crescents, and terraces.

Newbattle Abbey College is based only 8 miles from the city centre. Its serene setting makes it ideally situated to experience the Scottish lifestyle.

It is a closed site with high security. CCTV on campus, the house buildings have coded doors or use of a key for access, an entrance gate which is manned with an on-site security guard.

On campus there are grass areas where students can take part in sports and activities.

In this centre, we accept students travelling as part of a group from \*11- 17 years old.



# Location

**NEWBATTLE ABBEY, NEWBATTLE ROAD, DALKEITH, EH22, SCOTLAND**

**Telephone Number: 0044 131 663 1921**

**Population - 536,775**

**Newbattle Abbey is located approximately – 8 miles from the town centre of Edinburgh**

Edinburgh is not only one of the most beautiful cities in Europe, it is a city with a fantastic position. The view falls on all sides – green hills, the hint of the blue sea, the silhouettes of the buildings and the red cliffs. It is a city that calls you to explore it by foot – narrow streets, passageways, stairs, and hidden church yards on every step will pull you away from the main streets.

Newbattle Abbey, is a place with a fascinating story. Founded as a Cistercian Monastery in 1140 by King David I, it became the Kerr family home in the 16th century, and an adult residential college in 1937. The army requisitioned Newbattle during World War II, and it opened its doors as a college again in 1950.

## Airport Transfers:

Edinburgh: 20 minutes

Glasgow: 1 hour 5 minutes

Newcastle: 2 hours 10 minutes

Manchester: 3 hours 45 minutes



# Local Amenities

## Post Office

67-71 High St, Dalkeith EH22 1JA (1.3 miles / 22 minutes' walk)

## Supermarket

*Tesco Superstore*

Address: Bonnyrigg Rd, Eskbank, Dalkeith EH22 3PP (1.3 miles / 22 minutes' walk)

## ATM

2 Station Rd, Dalkeith EH22 3EU (1 mile / 15 minutes' walk)

## Chemist

*Boots Pharmacy*

Address: 17-19 High St, Dalkeith EH22 1JB – 1.3 miles (22 minutes' walk)

## Hospital

*Liberton Hospital*

Address: 113 Lasswade Rd, Edinburgh EH16 6UB (4.7 miles / 13 minutes' drive)

## Doctors

*Dalkeith Medical Centre*

Address: 24-26 St Andrew St, Dalkeith EH22 1AP (1.3 miles / 22 minutes' walk / 5 minutes' drive)

*\*N.B. If a student is ill and requires a doctor, then a group leader and a UKLC staff member will take the student to the NHS medical centre at Nantwich Heath Centre. The student will be required to fill out a temporary patient form and will be seen on the same day.\**

## Dentist

*SR Dental Care*

Address: 25A South St, Dalkeith EH22 1AH (1.2 miles / 20 minutes' walk / 4 minutes' drive)

## Bus Stops

Located at the end of New Battle Road, (Newbattle Abbey Crescent) less than 1-minute walk away. There are frequent buses that run into the centre of Edinburgh and Dalkeith.

## Train Stations

*Eskbank Railway Station*

Address: Dalkeith EH22 3LD (1.5 miles / 30 minutes' walk)

Frequent trains to Edinburgh

## Taxi Companies

*Grange Cabs* - +441875825900

*Academy Cabs* - +441314549444

## Coffee Shops

### *The Wheelhouse café*

The wheelhouse cafe is a modern British cafe serving breakfast fresh coffee lunch specials takeaway and a selection of homebaking Address: 140 Main St, Newtongrange, Dalkeith EH22 4PF (1.4 miles / 25 minutes' walk)

### *The Coffee Shop at St Nicholas Buccleuch Parish Church*

Address: 117 High St, Dalkeith EH22 1AX miles (1.4 miles / 25 minutes' walk)

## Restaurants

### *Esk Valley Table*

*Stylish chain pub serving classic international favourites, grill dishes and burgers.*

Address: Melville Dykes Rd, Dalkeith EH18 1AN Walking distance from Newbattle Abbey: 1.5 miles (30 minutes' walk)

### *The Sun Inn*

AA Pub of the Year and a Scottish Gastropub of the Year, we're proud of our reputation for serving great beers and wines alongside delicious food that's been cooked with flair.

Address: Lothian Bridge, Newbattle, Dalkeith EH22 4TR Walking distance from Newbattle Abbey: 1 mile (15 minutes' walk)

# Accommodation

College approximately 50 rooms with single, twin and triple rooms some of which are en-suite whilst others share shower and toilet facilities. All bedding and towels are provided

## Room Allocation

We divide the students up according to their age, gender and group where possible. We take into consideration any specific requests, i.e. friends who want to be close to each other. Group Leaders will stay in the same house as their students. Room allocation is normally done on arrival. If you would like any further information on this, please contact us.

## Housekeeping

Bedding is changed once a week and towels are changed twice a week. Bedrooms are deep cleaned once a week and bedrooms and bathrooms are given a daily clean. There are coin operated washing machines and tumble dryers located in Platt and Chetwood houses. It costs £2.60 per wash and £1.00 per dry. Students must provide their own washing powder.

## Key Loss

If any key or key card is lost during the stay, there will be a £25 fee for a replacement.

## Deposits

We will ask each student for a deposit of €25/£25 on arrival. We will check their rooms before they arrive and before they leave and return the money if everything is in order. If there is damage to the houses and nobody admits fault, we will ask everyone in the house to share the cost.

# Meals

When the students are on campus, they will eat their meals in the dining hall on site. When they are out on full day excursions, they will be provided with packed lunches.

Cooked breakfast is supplied once a week.

## Meal times

Breakfast: 08:00 – 08:45

Lunch: 12:30 - 13:30

Dinner: 18:00 - 19:00

If we are aware in advance, we can advise the catering staff of any dietary requirements or allergies and the canteen staff can cater to these.

\*Meal times are subject to change

## Newbattle College, Edinburgh - Sample Menu

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Pasta Bolognese Mince 100G	Homemade Pizza	Mild Chicken Curry	Savoury Mince			
Roast Vegetable Pasta (V)	Potato Wedges	Cauliflower and Coconut Curry (V)	Haggis	Breakfast Brunch		
Green Beans	Salad Bar	Steamed Rice/ Mini Naan	Veggie Mince/Veggie Haggis	Salad Bar	Packed Lunch	Packed Lunch
Garlic Bread	Yoghurt/ Fresh Fruit	Salad Bar	Mash/Turnip	Yoghurt/ Fresh Fruit		
Salad Bar		Yoghurt/ Fresh Fruit	Salad Bar			
Yoghurt/ Fresh Fruit			Yoghurt/ Fresh Fruit			
Lentil and Tomato Soup (V)	Vegetable Broth (V)	Onion Soup (V)				
Chicken in a Mushroom Sauce	Braised Sausages	Lamb Goulash	Carrot and Coriander Soup (V)	Green Pea Soup (V)	Minestrone Soup (V)	Chicken Satay
Mushroom Stroganoff (V)	Vegetarian Sausages (V)	Mixed Bean Stew (V)	Burger Day	Fish Cake	Beef Lasagne	Vegetable Spring Rolls (V)
Rice/ Vegetables	Mash/ Vegetables	Potatoes Peas	Fries	Macaroni Cheese (V)	Vegetable Lasagne (V)	Quorn in Blackbean Sauce (V)
Salad Bar	Salad Bar	Salad Bar	Green Beans	Baby Roasts Peas	Garlic Bread	Salad
Waffles	Ice Cream	Tray-Bake	Salad Bar	Salad Bar	Salad	Victoria Sponge and Cream
			Cheesecake (14)	Fruit Salad	Chocolate Muffin	

# Technology

Wi-fi is available in all public areas and in most accommodation. Where there is no wi-fi there is cable access to the internet for laptop use. All campus wi-fi is password protected. We normally only give this password out to group leaders / adults. Being a college, the internet access is firewalled as per the college regulations. It is at the Group Leader's discretion whether they give these details to their students. Wi-fi will be switched off between 00:00 and 07:00. There is computer access on campus and you will have access to this on a timetabled basis. There are no public phones on site. The nearest are in Edinburgh city centre.

# Security

There is CCTV coverage on campus and 24/7 duty security/wardens. The main gate is locked at midnight.

Emergency contacts: Each student will be given a wristband when they arrive, and this will have the following emergency telephone number printed on it: 00 44 1244 567695. If you need to contact the centre in the event of an emergency please call this number and follow the options for the relevant centre, this will then put you through to the person on duty.

Certain basic guidelines are common to all centres and students. Students should:

- Never walk away alone!
- Never leave the residence without permission in the evening!
- Always make sure they have understood when and where the meeting point is whilst out on excursions!
- Always wear their identification lanyard and their UKLC wristband! \*

\*students found not wearing their lanyard or wristband will be fined £1

# Safety

- Remember that there is a 24-hour emergency telephone number on the wristband (**0044 1244 567695**) and that the number for the emergency services (Ambulance/Police/Fire) in England is **999**, or the single emergency number for the EU including the UK is **112** or you can call **101** to report a crime where you do not need an emergency response
- The police are there to help and protect and can be asked for assistance!
- Never respond to someone if you feel threatened, simply walk away!
- Always give your money to the UKLC management team to put in the safe and never to carry large amounts of cash around!
- Be careful crossing the road. Remember that in the UK we drive on the left!
- If you are ill or need a doctor, tell a member of UKLC staff immediately!
- Keep all windows closed when not in your bedrooms!

## Insurance and valuables

Although all houses will be accessed via swipe cards, it is suggested that students try to avoid bringing very expensive items with them. If they are bringing valuables with them, it is essential that they have sufficient insurance to cover any loss of damage as neither the centre nor the company can be held responsible if anything goes missing. The Centre Manager will have access to a safe if it is required.

# Teaching

We know how important it is for each individual student to find their own path in language learning. We use a wide range of methods to engage and stimulate our students. This is why we have created a programme based on the students' age, level and need. It is called 'You Can Learn 4', or as we like to call it: 'UKL4', and it includes:

**UKL4 FUN (Ages 8-11):** Highly engaging lessons that offer a wide range of tailored material and activities for our young learners. It makes games into lessons and lessons into games.

**UKL4 CONNECTION (Ages 11-14):** Highly dynamic lessons that include a variety of topics and media, especially designed to reflect the quick-paced, interactive world our young students are growing up in. Available in levels A1-C1.

**UKL4 ACTION (Ages 14-17):** Lessons especially designed to engage our older students through more abstract tasks, topics and contemporary issues. Available in levels A1-C1.

UKL4 CONNECTION and UKL4 ACTION programmes consist of three different lessons a day:

## **1. TBL (Task Based Learning):**

During these lessons, students are encouraged to complete a task. Language is therefore acquired through the task as it emerges naturally as the result of the students' communicative needs.

## **2. S&S (Skills & Systems):**

These lessons aim at empowering our students' linguistic awareness and capabilities by working on all language skills (reading, writing, listening, speaking) and systems (grammar, phonology, lexis, discourse) as well as using materials relevant to exam preparation (KET, PET, FCE, CAE, TOEFL, IELTS, GESE).

## **3. CLIL: (Content and Language Integrated Learning):**

These lessons merge CLIL and British culture. Students learn about art, literature and science, or about the history and geography of the UK, while activating their linguistic knowledge.

# Placement tests

We offer classes at four levels, from elementary to upper intermediate. Students take a placement test on their first day of classes to ensure they are placed at the correct level.

Once the tests have been marked, students won't be told their score unless they specifically ask for it but will be placed into a class based on these results.

If students are not happy with their level, they can speak with the Course Director who can decide if it is necessary for the student to change levels.

We always try to split groups into different classes to mix nationalities, but this does depend on their levels and the numbers of students that we have on site.

We will provide all course materials including an exercise book and a pen.

Students are taught in class sizes up to 16.

# Programme

All UKLC summer programmes include:

- 15 hours of English lessons
- Full board accommodation in residence or homestay
- Full programme of excursions, activities and evening entertainment
- Evening Conversation Clubs (optional)
- 1 free leader for 15 students
- Placement test on arrival and End of Course Certificate

These are summaries of UKLC English Plus programmes\*\* for Summer 2023 at Newcastle College, Edinburgh:

## **English Plus Multi-Activity**

The “typical” summer programme consisting of a wide variety of activities and sports. Sessions are structured and are coached by specialist staff. Sessions can include tennis, basketball, volleyball, swimming, photography workshops, dance, football, and drama etc. Students are moved through two or three activities on rotation in each session.

## **English Plus Dance\***

For students with a passion for dance. Sessions take place with a specialist dance teacher and the programme works towards an end-of-course performance to the whole school. Sessions begin with a warmup before learning new steps and techniques needed to put together a dance routine. The second part of the sessions allows students to practise what they have learnt and rehearse any routines for the final performance. Styles covered include street dance, modern jazz, contemporary and West End musical.

## **English Plus Drama\***

For students with an interest in drama and a desire to improve their English through confidence building performances. Sessions take place with a teacher who will guide the students through a programme exploring various elements of acting, including improvisation, mime and role play. They will perform at the end of the course either a part of a well-known play or something they have written themselves.

## **English Plus Football\***

For students who love football and want to play it every waking minute! Coaching sessions are led by qualified staff and aim to improve each student’s technical skills and abilities. It also aims to build on their understanding of match tactics and playing systems. There are regular matches and a weekly showpiece game.

## **English Plus Intensive English\***

Additional English lessons for those who really want to maximise their language learning during their stay in the UK. Students will build on their lessons through additional taught classes at a level appropriate to their achievement in the placement test. The lesson content will be a continuation of the UKL4 programmes as outlined in the accompanying Academic Summary (see section on “Academic Tuition”).

## **English Plus Life Skills\***

For students aged 14-17 who want more from their summer school experience. The purpose is to develop students in a way that is going to be useful to them as they go on to become young adults. They will undertake seminars and workshops on topics such as “CV writing”, “interview skills”, “presentation skills”, “writing for academic purposes”, “projecting confidence, competence and credibility” etc. Elements of this will be incorporated into project work that will be presented at the end of the course.

\*Students aged between 11 and 17 who are enrolled on Multi-Activity or English Plus courses will be divided by age for activities where numbers allow. Students can choose whether to enrol on the Multi-Activity or an English Plus course.

\*\*These programmes vary at each centre. A minimum of 10 students applies to each programme and each student will be asked to select a 1<sup>st</sup> and 2<sup>nd</sup> option before arrival which they will join for the duration for their stay. Students who do not choose in advance will join the standard English Plus Multi-Activity.

## A typical day for students

08:00 – 09:00	<b>Breakfast</b>
09:00 – 10:00	<b>Lesson 1</b>
10:00 – 10:15	<b>Break</b>
10:15 – 11:15	<b>Lesson 2</b>
11:15 – 11:30	<b>Break</b>
11:30 – 12:30	<b>Lesson 3</b>
12:30 – 13:30	<b>Lunch</b>
14:00 – 17:30	<b>Afternoon Activities</b>
18:30 – 19:30	<b>Dinner</b>
20:00 – 22:00	<b>Evening Activities</b>
22:00	<b>Bedtime</b>

# Newbattle College, Edinburgh

## Sample Programme - Summer 2023

	Morning	Afternoon	Evening
<b>Monday</b>	English Testing then lessons	UKLC Youtube Challenge – Script Writing and recording	Message Disco
<b>Tuesday</b>	Lessons	Lessons	Paparazzi or Conversation Club
<b>Wednesday</b>	<b>Edinburgh with the Museum of Childhood</b>		
<b>Thursday</b>	Lessons	<b>Edinburgh with Scottish National Museum and Royal Mile</b>	Mini-Olympics or Conversation Club
<b>Friday</b>	Lessons	Multi-Activity or Chosen Programme	Karaoke
<b>Saturday</b>	<b>Depart</b>		

Please note: This is a sample programme and may be subject to change. It may also be necessary to operate a zig zag programme of morning / afternoon lessons.

# Facilities

Sports facilities on site:

- Sports hall
- Heated indoor swimming pool
- 2 x tennis courts
- 1 x athletic track
- 2 x marked 3G Astro-turf football pitches including moveable goals

Drama lessons will be held in [the theatre](#) and dance lessons in the dance studio.

Sports available at this centre can include: football, handball, basketball, rounders, volleyball, cricket, indoor hockey, badminton, lacrosse, tag rugby and tennis.

## Evening entertainment

The UK Language Courses staff plan fantastic activities to make sure the students enjoy their evenings. For example: discos, quizzes, fashion shows, blind date, sports tournaments etc. We ask Group Leaders to encourage students to participate as much as possible and to communicate any special ideas or requests from students.

Here are a few brief descriptions of just some of our activities for students to join in on:

### **Around the World**

Consists of a number of different stations based on activities from different countries. One staff member will be placed at each activity station. They will each represent a country and have to create an activity related to that country (for example: New Zealand – The Haka). Students will be divided into groups and given a time for each station. Students will visit each station.

### **Oscars Night**

Involves students watching a number of scenes from selected films. They will have the chance to re-enact a famous selected scene. Creating their own script, which must be in English and costumes (out of various given equipment). Scenes will be shown on a big screen for everyone to watch. Awards will be given by UKLC staff for the best reproduction.

### **Speed Dating**

Enables students from mixed nationalities to socialise and get to know each other whilst improving their spoken English. Students will have a short period of time to have a conversation on their interests, hobbies etc. Once the given time finishes they will move to another student and begin the same process again.

### **Talent Show**

Gives students the opportunity to perform talents such as singing, dancing and acting in front of the whole centre! Sign-up sheets will be available in the centre a few days before the event. There will be judges who will score the performances and give positive feedback to each student who performs on the evening.

# We are Covid Secure

Our job is always to keep our students safe. Alongside everything that we usually have in place to do this, we have now added in some new elements that will help us minimise the risk of Covid-19. Please refer to our We are Covid secure document which highlights the measures we have put in place. In addition, you can read our comprehensive policies and procedures in OSH (Operations and Safeguarding Handbook). These can be found on our website ([www.uklanguagecourses.com/agent-area](http://www.uklanguagecourses.com/agent-area)). This will continue to be updated regularly in line with government guidance.

*We look forward to welcoming you to Newbattle College, Edinburgh in summer  
2023!*

