

# UKLC

**Bristol, Clifton College** 

Centre Handbook

2025

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Thank you very much for your interest in the UKLC course at Clifton College, Bristol. We hope you find everything you need in the following pages but if you have any questions or specific requests then please get in touch with us at Head Office on 0044 1244 577995.

The contents of this handbook are updated regularly. The latest version will be sent before your arrival.

We look forward to a successful summer 2025 at Clifton College.



# **Summary**



**Boarding School** 



**Swimming Pool** 



**Intensive English** 



Leadership and Life Skills



**Short Transfers** 



### **The Centre**

Clifton College is a boarding school in Clifton, around 2 miles (3km) from the centre of Bristol. It was founded in 1862 and now boasts a wide collection of facilities with 100 acres of sport grounds including tennis courts, a swimming pool, football pitches and gyms. The buildings across the campus are a mixture of old and new and include Grade 2 listed buildings giving this centre a real traditional English boarding school feel.

Clifton was once described by a famous English poet as:

"The handsomest suburb in Europe"

John Betieman





### Location

Clifton College, 32 College Rd, Clifton, Bristol BS8 3JH

Telephone Number: +44 (0)117 3157 000

Population: 465,866

### It is a short walk to Clifton attractions and amenities, including:

- **Clifton Suspension Bridge** (0.6 miles, 15-minute walk)

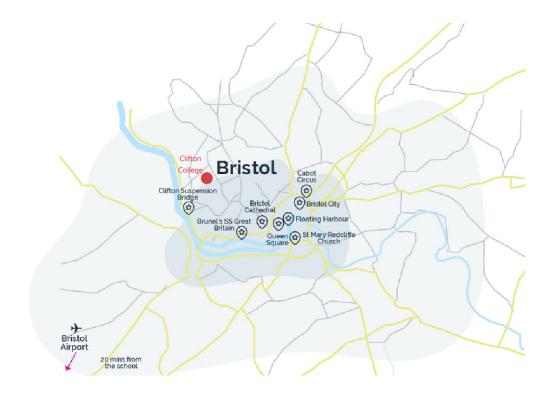
- **Clifton Shopping Arcade** (0.5 miles, 12-minute walk)

Bristol is one of Britain's favourite cities and was voted UK's best place to live in 2017 by The Sunday Times. It has a proud maritime history, and it is from here that many of England's great explorers set off to travel the world. The city is situated in the south-west of England with the River Avon on each side. It is home to the graffiti artist Banksy.

### **Airport Transfers:**

Bristol Airport: 20 minutes

London Heathrow: 1 hour 50 minutes Birmingham Airport: 1 hour 50 minutes









### **Local Amenities**

#### **Post Office**

Cotham Hill Post Office

Address: 3 Cotham Hill, Cotham, Bristol BS6 6LD (0.6 miles / 12-minute walk)

### Supermarket

Sainsbury

Address: Clifton Down Shopping Centre, Whiteladies Rd, Clifton, Bristol BS8 2NN (0.6 miles / 12-minute walk)

### **ATM**

Tesco Bank

Address: Tesco Express, Regent St, Clifton, Bristol BS8 4HU (0.5 miles / 10-minute walk)

#### **Chemist**

**Boots** 

Address: 9 Clifton Down Shopping Centre, Whiteladies Rd, Bristol BS8 2NN (0.8 miles / 15-minute walk)

### Hospital

**Bristol Royal Infirmary** 

Address: Upper Maudlin St, Bristol BS2 8HW (1.4 miles / 28-minute minute walk or 8 minutes by car)

#### **Doctors**

Pembroke Road Surgery

Address: 111 Pembroke Road, Clifton, Bristol, BS8 3EU (0.3 miles / 6-minute walk)

\*N.B. If a student is ill and requires a doctor, a UKLC staff member (and group leader if applicable) will take the student to the NHS medical centre at Pembroke Road Surgery. The student will be required to fill out a temporary patient form and will be seen on the same day.\*

### **Dentist**

Clifton Down Dental Practice

Address: Avon, 72 Alma Rd, Clifton, Bristol BS8 2DJ (0.7 miles / 14-minute walk)

### **Bus Stop**

Turn left out of the prep school, where classes take place, and there is a bus stop just a couple of minutes' walk away. There are frequent busses that run into Bristol Town Centre and surrounding suburbs.

### **Train Station**

Clifton Down Railway Station

Address: Clifton Down Railway Station, Bristol BS8 2PN (0.8 miles / 15-minute walk or 4 minutes by car) Regular trains to Bristol Temple Meads.

### **Taxi Companies**

Prestige Cars 0117 950 9999 Greenway Cars 0117 950 0600 Southmead Taxis 0117 909 1540



### **Coffee Shops**

East Village Café

In the heart of Clifton village East Village Café serves a lovely selection of sandwiches, salads, homemade cakes, and other treats. All of their food and drinks are 100% vegan, and they have a beautiful range of vegan snacks, confectionery and pantry items and a great selection of eco-friendly homewares and toiletries.

Address: Boyce's Ave, Clifton, Bristol BS8 4AA

Walking distance from Clifton College: 0.6 miles (12-minute walk)

### 1B Pitville Coffee

1B Pitville is a neighbourhood coffee house showcasing specialty coffee from local roasters, pastries and cake from local bakeries and a seasonal, ever-changing food offering combined with honest, attentive service.

Address: 1b, Pitville Place, Cotham, Bristol BS6 6JZ

Walking distance from Clifton College: 0.9 miles (17-minute walk)

#### **Restaurants**

#### Batida

Bristol's newest Latin restaurant, Batida is inspired by the finest Argentinian churrascarias and the great cantinas of Mexico to deliver the authentic taste of South America.

Address: 85 Whiteladies Rd, Redland, Bristol BS8 2NT

Walking distance from Clifton College: 0.8 miles (15-minute walk)

#### Bare Grills Smokehouse

A meat-lover's heaven. Do you dare to do the Bare Grills Food Challenge, where you have 60 minutes to polish off everything on your plate (excluding bones), on your own, without help, and no cheating! The prize? A free meal!

Address: 41 Triangle W, Clifton, Bristol BS8 1ER

Walking distance from Clifton College: 0.8 miles (16-minute walk)

### Rustica

Situated on the heart of Bristol's Whiteladies Road, Rustica Cucina Italiana is a family run Italian restaurant serving authentic and genuine ristorante cuisine. Buon Appetito!

Address: 147 Whiteladies Rd, Redland, Bristol BS8 2QT

Walking distance from Clifton College: 0.7 miles (15-minute walk)



### **Accommodation**

There are 5 residential blocks on-site with single, twin, triple and quad rooms with shared bathroom and toilet facilities on the corridor. The houses are called Moberlys, Hallwards, Oakeleys, Watsons and Hartnells.

### **Room Allocation**

We divide the students up according to their age, gender and group where possible. We take into consideration any specific requests, i.e. friends who want to be close to each other. Group Leaders will stay in the same house as their students. Room allocation is normally done on arrival. If you would like any further information on this, please contact us.

### Housekeeping

Towels and bedding are changed once a week. Bedrooms and bathrooms are deep cleaned once a week. Bins are emptied and rooms checked daily; Monday- Friday.

### **Key Loss**

If any key or key card is lost during the stay, there will be a £25 fee for a replacement.

### **Deposits**

We will ask each student for a deposit of €25/£25 on arrival. We will check their rooms before they arrive and before they leave and return the money if everything is in order. If there is damage to the houses and nobody admits fault, we will ask everyone in the house to share the cost.



### Meals

When the students are on campus, they will eat their meals in the dining hall on site. When they are out on full day excursions, they will be provided with packed lunches.

### Meal times

Breakfast: 08:00 – 09:00 Lunch: 12:30 - 13:30 Dinner: 18:30 - 19:30

If we are aware in advance, we can advise the catering staff of any dietary requirements or allergies and the canteen staff can cater to these.

### <u>Clifton College – Sample Menu</u>

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Selection of Cereals, Yoghurts, Bread to Toast &Hot Choices including Bacon, Scrambled Egg, Baked Beans, Flat Fried Mushrooms & Roast Tomatoes	Selection of Cereals, Yoghurts, Bread to Toast, Croissants, Pain Au Chocolat and a hot choice of Kedgeree	Selection of Cereals, Yoghurts, Bread to Toast, &Hot Choices including Bacon, Poached Egg, Baked Beans, Flat Fried Mushrooms & Roast Tomatoes	Selection of Cereals, Yoghurts, Bread to Toast & Hot Choices including Sausages, Fried Eggs, Baked Beans, Potato Waffles & Plum Tomatoes	Selection of Cereals, Yoghurts, Bread to Toast, & Hot Choices including Bacon, Scrambled Egg, Baked Beans. Croissants & Pain Au Chocolat	Selection of Cereals, Yoghurts, Bread to Toast & Hot Choices including Bacon, Scrambled Egg, Baked Beans, Flat Fried Mushrooms & Roast Tomatoes	Selection of Cereals, Yoghurts, Bread to Toast, & Hot Choices including Bacon, Scrambled Egg, Baked Beans. Croissants & Pain Au Chocolat
Lunch *(V) Vegetarian option available	Aubergine Parmigiana (V) Or Chicken Korma, Basmati & Poppadums, Cauliflower & Chutneys Or Fusilli Roasted Tomato & Basil Sauce with Focaccia Slab Mixed salads, Soups and Filled Breads available	Stuffed Red (V) Peppers with Spinach, Peppers, Rice & Thyme Or Lamb Moussaka with Green salad & Garlic Bread Or Leek & Gruyere Cheese Pastry Tart Mixed salads, Soups and Filled Breads available	Mushroom Stroganoff on Brioche with Parsley & Fresh Salad (V) Or Roast Loin of Pork, Yorkshire Pudding, Roast Potatoes, Broccoli, Carrots & Gravy Or Roasted Vegetable, Garlic Bread & Salad  Mixed salads, Soups and Filled Breads available	Beetroot & Squash Frittata with Smoky Mayonnaise (V) Or Cobbler with Beef Mince, Carrot & Sugar Snap Peas Or Squash and Sage Risotto  Mixed salads, Soups and Filled Breads available	Spring Vegetable Paella (V) Or Breaded Plaice, Poached Fish with New Potatoes & Peas, Tartare Sauce Or Spinach & Ricotta Tortellini Mixed salads, Soups and Filled Breads available	Warm Duck Salad with Mango, Beetroot and Honey & Orange Dressing (V) Or King Creole Chicken served with Wild Rice Or Pasta Shells with Chickpeas, Red Cabbage, Garlic, Chilli & Olive Oil Mixed salads, Soups and Filled Breads available	Cannelloni Or Breaded Plaice Goujons Or Cheese & Onion Pastie  Selection of Vegetables, Potatoes & Plain Pasta Salad  Mixed salads, Soups and Filled Breads available



<sup>\*</sup>Mealtimes are subject to change .

Dinner *(V) Vegetarian option available	King Prawn, Spring Onion, Ginger, Garlic, Soya Bean, Broccoli & Corn Noodles Or Tomato & Mozzarella Calzone with Fresh Green Salad  Mixed salads and Filled	Bootham Buffett Meats, Fish, Pickles, Salads, Breads & Hot Potatoes Mixed salads and Filled Breads available	Roasted Summer Vegetable Tart & Summer Salad Minted Potatoes Or Yorkshire Beef Meatballs in a Mediterranean Sauce & Linguine Pasta  Mixed salads and Filled Breads available	Vegetable Kiev served with Summer Green Vegetables & New Potatoes Or Slow cooked Chicken, Rogan Josh Mixed salads and Filled Breads available	Mushroom Burgers & Blue Cheese with Cos Lettuce, Sauté Potato Or Katsu pork with Sticky Rice & Greens Mixed salads and Filled Breads available	Traybake Sausages with Pepper, Onions, New Potatoes, Fennel & Herbs with Crusty Bread  Mixed salads and Filled Breads available	Battered Fish with Tartare Sauce Or Meat Balls in Tomato Sauce Mixed salads and Filled Breads available
Pudding	A selection of seasonal cut fruit, Homemade Yoghurt with Fresh Fruit toppings, Raisins and Banana chips and Chocolate and Orange Sponge with	A selection of seasonal cut fruit, Homemade Yoghurt with Fresh Fruit toppings, Raisins and Banana chips and Summer Fruit Jelly	A selection of seasonal cut fruit, Homemade Yoghurt with Fresh Fruit toppings, Raisins and Banana chips and Apple, Sultana & Cinnamon	A selection of seasonal cut fruit, Homemade Yoghurt with Fresh Fruit toppings, Raisins and Banana chips and Iced Lemon Cake	A selection of seasonal cut fruit, Homemade Yoghurt with Fresh Fruit toppings, Raisins and Banana chips and a selection of Mousses and Compotes	A selection of seasonal cut fruit, Homemade Yoghurt with Fresh Fruit toppings, Raisins and Banana chips and homemade Gateaux	A selection of seasonal cut fruit, Homemade Yoghurt with Fresh Fruit toppings, Raisins and Banana chips and Summer Fruit Jelly

# **Technology**

Wifi is available campus wide and is password protected. We normally only give this password out to Group Leaders / adults. Being a university, there are limited firewalls and it is at the Group Leader's discretion whether they give these details to their students. There is an IT Suite on campus and you will have access to this on a timetabled basis.

There are no public phones on site. The nearest are in Bristol city centre.

# **Security**

Emergency contacts: Each student will be given a wristband when they arrive, and this will have the following emergency telephone number printed on it: 00 44 1244 567695. If you need to contact the centre in the event of an emergency please call this number and follow the options for the relevant centre, this will then put you through to the person on duty.

Certain basic guidelines are common to all centres and students. Students should:

- Never walk away alone!
- Never leave the residence without permission in the evening!
- Always make sure they have understood when and where the meeting point is whilst out on excursions!
- Always wear their identification lanyard and their UKLC wristband! \*
   \*students found not wearing their lanyard or wristband will be fined £1



# Safety

- Remember that there is a 24-hour emergency telephone number on the wristband (0044 1244 567695)
  and that the number for the emergency services (Ambulance/Police/Fire) in England is 999, or the single
  emergency number for the EU including the UK is 112 or you can call 101 to report a crime where you
  do not need an emergency response
- The police are there to help and protect and can be asked for assistance!
- Never respond to someone if you feel threatened, simply walk away!
- Always give your money to the UKLC management team to put in the safe and never to carry large amounts of cash around!
- Be careful crossing the road. Remember that in the UK we drive on the left!
- If you are ill or need a doctor, tell a member of UKLC staff immediately!
- Keep all windows closed when not in your bedrooms!

Team members will be privy to supervision of students around Clifton College. The level of supervision is determined by age.

- Students aged 13 and under will be accompanied at all times, including movement between buildings, crossing roads and accessing boarding houses
- Students aged 14 to 15 will be able to move within the parameters of the school unaccompanied but must not leave the school grounds
- Students aged 16 and over will be able to move withing the parameters of the school unaccompanied and visit the local town but with clear guidelines and check-in times with UKLC team members or their group leaders
- House Leaders will be present for each boarding house in operation. Their duties include, but are not limited to, being present and accessible in boarding houses during which times students are present. including before breakfast, lunch, dinner and evening times. Being the key link between the students, group leaders and UKLC management team.
- House Leaders ensure that all students have returned safely to their rooms and are going to bed, by
  doing corridor checks and by asking the group leaders to message the UKLC duty phone once this is the
- On excursions, students are supervised by the UKLC team and their group leader/s. All excursions have an element of free time incorporated into the itinerary if the group leader agrees (if no free time is desired then UKLC team members will continue to supervise the group). Free time is age dependent as follows: under 10 years old no unaccompanied free time, 11-14 groups of 4 to 5 students are allowed free time but must return to the agreed meeting point every 30 to 45 minutes (this is city dependent e.g. in larger cities the time will be shorter) and if possible UKLC team members and group leaders will still accompany, 14-17 groups of 3 to 4 students are allowed free time and must return to the agreed meeting point every hour. On no account should students wander off alone. Students should have their phone, their wristband and lanyard and be aware of the meeting points. (See excursion policy and risk assessments).

\*By welfare we mean meeting students' religious, cultural and dietary needs, helping students deal with any issues relating to harassment, bullying, actual or threatened violence, damage to personal property, verbal and other abuse based on racial, sexual or religious differences.



#### Insurance and valuables

Although all houses will be accessed via key or swipe cards, it is suggested that students try to avoid bringing very expensive items with them. If they are bringing valuables with them, it essential that they have sufficient insurance to cover any loss of damage as neither the centre nor the company can be held responsible if anything goes missing. The Centre Manager will have access to a safe if it is required.

# **Teaching**

We know how important it is for each individual student to find their own path in language learning. We use a wide range of methods to engage and stimulate our students. This is why we have created a programme based on the students' age, level and need. It is called 'You Can Learn 4', or as we like to call it: 'UKL4', and it includes:

**UKL4 FUN (Ages 8-11):** Highly engaging lessons that offer a wide range of tailored material and activities for our young learners. It makes games into lessons and lessons into games.

**UKL4 CONNECTION (Ages 11-14):** Highly dynamic lessons that include a variety of topics and media, especially designed to reflect the quick-paced, interactive word our young students are growing up in. Available in levels A1-C1.

**UKL4 ACTION (Ages 14-17):** Lessons especially designed to engage our older students through more abstract tasks, topics and contemporary issues. Available in levels A1-C1.

UKL4 CONNECTION and UKL4 ACTION programmes consist of three different lessons a day:

### 1. TBL (Task Based Learning):

During these lessons, students are encouraged to complete a task. Language is therefore acquired through the task as it emerges naturally as the result of the students' communicative needs.

### 2. S&S (Skills & Systems):

These lessons aim at empowering our students' linguistic awareness and capabilities by working on all language skills (reading, writing, listening, speaking) and systems (grammar, phonology, lexis, discourse) as well as using materials relevant to exam preparation (KET, PET, FCE, CAE, TOEFL, IELTS, GESE).

### 3. CLIL: (Content and Language Integrated Learning):

These lessons merge CLIL and British culture. Students learn about art, literature and science, or about the history and geography of the UK, while activating their linguistic knowledge.

### Placement tests

We offer classes at four levels, from elementary to upper intermediate. Students take a placement test on their first day of classes to ensure they are placed at the correct level.

Once the tests have been marked, students won't be told their score unless they specifically ask for it but will be placed into a class based on these results.

If students are not happy with their level, they can speak with the Course Director who can decide if it is necessary for the student to change levels.

We always try to split groups into different classes to mix nationalities, but this does depend on their levels and the numbers of students that we have on site.



We will provide all course materials including a journal and a pen.

Students are taught in class sizes up to 16.

## **Programme**

All UKLC summer programmes include:

- 15 hours of English lessons
- Full board accommodation in residence
- Full programme of excursions, activities and evening entertainment
- 1 free leader for 15 students
- Placement test on arrival and End of Course Certificate

### **English Plus Multi-Activity**

The "typical" summer programme consisting of a wide variety of activities and sports. Sessions are structured and are coached by specialist staff. Sessions can include tennis, basketball, volleyball, swimming, photography workshops, dance, football, and drama etc. Students are moved through two or three activities on rotation in each session.

### **English Plus Intensive English\***

Additional English lessons for those who really want to maximise their language learning during their stay in the UK. Students will build on their lessons through additional taught classes at a level appropriate to their achievement in the placement test. The lesson content will be a continuation of the UKL4 programmes as outlined in the accompanying Academic Summary (see section on "Academic Tuition").

### Leadership & Life Skills\*

This programme offers a blend of language development and essential life skills through a series of seminars, workshops, and media-based projects which cover CV writing, interview skills, presentations and academic writing. The curriculum fosters creativity, critical thinking, and effective communication and it includes sessions designed to cultivate global leadership skills to prepare students for the modern professional world. This course is valid for PCTO funding.

\*Students aged between 11 and 17 who are enrolled on Multi-Activity or English Plus courses will be divided by age for activities where numbers allow. Students can choose whether to enrol on the Multi-Activity or an English Plus course. All students aged between 8 and 10 will be automatically enrolled on the multi activity programme.

\*\*These programmes vary at each centre. A minimum of 10 students applies to each programme and each student will be asked to select a 1<sup>st</sup> and 2<sup>nd</sup> option before arrival which they will join for the duration for their stay. Students who do not choose in advance will join the standard English Plus Multi-Activity.



# A typical day for students

08:00 - 09:00	Breakfast
09:00 – 10:00	Lesson 1
10:00 – 10:15	Break
10:15 – 11:15	Lesson 2
11:15 – 11:30	Break
11:30 – 12:30	Lesson 3
12:30 – 13:30	Lunch
14:00 – 17:30	Afternoon Activities
18:30 – 19:30	Dinner
20:00 – 22:00	<b>Evening Activities</b>
22:00	Bedtime



# Clifton College Sample Programme - Summer 2025

		Morning	Afternoon	Evening	
	Wednesday	English Test	Multi-Activity or Chosen Programme	Murder Mystery	
	Thursday	Lessons	Clifton Orientation and Observatory	Casino Night or Conversation Club	
k 1	Friday	Lessons	Vlogging Workshop or Chosen Programme	Trashion Show	
Week 1	Saturday	Cardiff with Boat Trip	Disco		
	Sunday	Free Time, Activities or Op	Red vs Blue		
	Monday	Lessons	Multi-Activity or Chosen Programme	Attractions	
	Tuesday	Lessons	Chepstow Castle	Film Night	
Week 2	Wednesday	Multi-Activity or Chosen Programme	Lessons	Karaoke or Conversation Club	
	Thursday	Bristol with SS Great Britian	Lessons	Paparazzi	
	Friday  Vlogging Workshop or Chosen Programme		Lessons	Mini Olympics	
	Saturday	Bath World Heritage Site	Oscars		
	Sunday	Cheddar with Cheddar Gorge		Talent Show	
	Monday	Multi-Activity or Chosen Programme	Lessons	Leaving Disco	
	Tuesday	Departures			

Please note: This is a sample programme and may be subject to change. It may also be necessary to operate a zig zag programme of morning / afternoon lessons.



### **Facilities**

Sports facilities on site:

- Sports hall
- Indoor swimming pool
- Sports pitches
- Tennis courts

Drama lessons will be held in the theatre and dance lessons in the dance studio.

Sports available at this centre can include: football, handball, basketball, rounders, volleyball, cricket, indoor hockey, badminton, lacrosse, tag rugby and tennis.

# **Evening entertainment**

The UK Language Courses staff plan fantastic activities to make sure the students enjoy their evenings. For example: discos, quizzes, fashion shows, blind date, sports tournaments etc. We ask Group Leaders to encourage students to participate as much as possible and to communicate any special ideas or requests from students.

Here are a few brief descriptions of just some of our activities for students to join in on:

#### **Around the World**

Consists of a number of different stations based on activities from different countries. One staff member will be placed at each activity station. They will each represent a country and have to create an activity related to that country (for example: New Zealand – The Haka). Students will be divided into groups and given a time for each station. Students will visit each station.

#### **Oscars Night**

Involves students watching a number of scenes from selected films. They will have the chance to re-enact a famous selected scene. Creating their own script, which must be in English and costumes (out of various given equipment). Scenes will be shown on a big screen for everyone to watch. Awards will be given by UKLC staff for the best reproduction.

### **Speed Dating**

Enables students from mixed nationalities to socialise and get to know each other whilst improving their spoken English. Students will have a short period of time to have a conversation on their interests, hobbies etc. Once the given time finishes they will move to another student and begin the same process again.

### **Talent Show**

Gives students the opportunity to perform talents such as singing, dancing and acting in front of the whole centre! Sign-up sheets will be available in the centre a few days before the event. There will be judges who will score the performances and give positive feedback to each student who performs on the evening.

We look forward to welcoming you to Clifton College in summer 2025!











